

## ***The Mary Baker Eddy Science Institute Presents:***

The following is a work by Vivian May Williams titled: *Absolute Science Practice*.

It should be noted that Vivian May Williams first found her interest in divine metaphysics in the year 1909 when presented a copy of the Christian Science Textbook written by Mary Baker Eddy. Although she did not become a Christian Science church member, she said she took to the teaching immediately.

### **LESSON 1**

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#### **ABSOLUTE SCIENCE PRACTICE**

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As I sat down to write this lesson, I was prompted to turn to the Bible. In St. John 16:13, I found this bit of comfort which Jesus gave to his disciples: *“Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come.”* I want to call your attention to this particular statement—*“for he shall not speak of himself; but whatsoever he shall hear, that shall he speak.”* I am sure Jesus was referring to the inspired ideas that spring into consciousness direct from the Spirit of Truth, Itself. He was telling his disciples that he would “not speak of himself” (from the basis of a human ego or self) but that which he heard direct from his Soul would show us things to come. The “still, small voice” of Truth is ever speaking to us by means of the inspired thoughts that come to each and every one of us. But because most people have not been able to replace the belief of a human self with the truth that they are the “Word made flesh,” they are inclined to believe that these unusual ideas are mere fancies or “brain storms.”

Jesus was telling his disciples that what he taught them was not his mere opinion, but that he was like a microphone or radio through which he heard the “still, small voice” of Truth and that which he heard he would tell them about. This guiding Spirit would show them things to come. Jesus was able to teach the wise men when he was a mere child—what was his secret of intelligence? This is the answer: intelligence is the power of God which is outside of the body or brain in the same sense that the radio wave is entirely independent of the instrument. The ideas or messages that come direct to man without reason or premeditation constitute the “inspiration of the Almighty” that dwells independent of persons or places. Intelligence is where Spirit imparts the absolute truth to man and he arrives at the point of understanding without having to reason. Argument and reason retard one’s progress—why? Because reason belongs to the category of a separate material self-hood, whereas Intelligence understands that there is no man or manifestation outside of God.

One must become pure in Spirit before he is in a position to receive and impart the truth as it is in Spirit. Just as your radio must be perfectly attuned to whatever program you wish to hear, so must your mind be perfectly attuned to Spirit before you can receive the things of Spirit. If you believe you live in a body, you are in no position to handle your body or the affairs attributed to it because you are making your atonement with a false belief. You live in Spirit, in Power, and you are no more confined to your body and the environments that may be distasteful than the radio

wave is confined to the instrument. If the radio wave were any part of the instrument, when one person turned off his radio, it would affect all other instruments. And if one man actually were affected by sin, disease, death, poverty, and all sorts of limitation, then every other individual would be affected simultaneously. But we are Life Itself, and Life dwells in its own environment of eternal bliss. Not because it constantly thinks blissful thoughts, for Intelligence does not need to think to become that which it is—it rests in perfect action because all that will ever be revealed or manifested has already taken place in its divine Substance. Spirit gives no concern to time or space; how or when—because it understands. What does it understand?—Itself.

Did it ever occur to you that the man of power never puts up an argument? His very name or word spells power. And that is why Jesus said anything we should ask in his name would be done for us. Now, he did not mean that we were to repeat the name of Jesus, but he meant that we should identify ourselves with the same power that he used to perform miracles. As long as you identify yourselves with bodies, places, or things, you are identifying yourselves with man or manifestation that has no power whatsoever. “All power is given to the Son” when the Son knows he is Power Itself. The man of power asks nothing of anyone because he knows he possesses all. If an electric light globe could speak, it would be compelled to admit that all of the electricity in the universe is right where it is. It reveals only that which man chooses to release according to the voltage. Man being God’s consciousness is capable of manifesting all that he can realize. The average person thinks in terms of his immediate needs because he has not developed his capacity to function in divine intelligence, and therefore he struggles to get a mere existence. This is due to his inability to realize the infinitude of his being which is outside of his body. Jesus dared to use his own name when he said, “I am the Way, the Truth, and the Life,” because he knew that his name or nature was God. And knowing that he was the power of God acting above all earthly sense or beliefs, he commanded every situation and spoke with the authority of God. God created all things, and it behooves each one of us to remember that He still possesses all these ideas of Soul which appear to the materially minded as objects of sense. Nothing is out of control, because God still has dominion over His consciousness; man. Does man need to be anxious about his existence when he has none to be anxious about? His only existence is God’s activity, and certainly God is sustaining that by just being God. Individuals use such statements as “God is my eternal being,” without the slightest conception of the true interpretation. Let me give you my idea of God as the eternal Being. God is eternally being our health, wealth, success, and happiness that you think you must struggle to possess. Since God is eternally being these things for you, you do not have to take anxious thought. Your only business, then, is to watch your thoughts, and do not allow them to lead you astray. You live in Intelligence, therefore your world is consciousness. When you accept a thing in consciousness, you have accepted the thing itself.

One may be inclined to believe that if he strives to think of pure Spirit instead of things, he will not receive the objects that seem necessary for his happiness. Let me assure you that until you are able to let go of things and accept the unseen Power as the essence and substance of “all things hoped for,” you will continue in delusion and have difficulty in demonstration. You cannot demonstrate power until you deal with power. Nothing happens in demonstration but perception which is reflection or intelligence in contemplation. Let me illustrate this point. If you contemplated a rose, while you were thinking about it your Intelligence, God, would be reflecting a rose and at the same time you would be seeing it in consciousness—for Intelligence or Substance creates or reflects its ideas at the very instant of conception. This also proves there is no time in God’s action, and no space, for the rose does not take up any space in your mind while you are contemplating it. I am telling you this because I want you to realize how futile it is to expect

things to appear on the outside. If you would live in the kingdom of God, you must contemplate that which is in the unseen realm of divine Intelligence. In the world of reality there is no need to reason for there is no time or space to prevent instantaneous demonstrations.

## **LESSON 2**

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### **ABSOLUTE SCIENCE PRACTICE**

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“The best sermon ever preached is Truth practiced and demonstrated by the destruction of sin, sickness, and death. Knowing this and knowing too that one affection would be supreme in us and take the lead in our lives, Jesus said, *“No man can serve two masters.”*”

We cannot build safely on false foundations. Truth makes a new creature, in whom old things pass away, and *“all things are become new.”*

We cannot fill vessels already full. They must first be emptied. Let us disrobe error. Then, when the winds of God blow, we shall not hug our tatters close about us.

The way to extract error from mortal mind is to pour in truth through flood-tides of Love. “The scientific unity which exists between God and man must be wrought out in life-practice, and God’s will must be universally done.” These words were written by Mrs. Eddy and recorded in *Science and Health* on pages 201 and 202.

Students of Truth cannot expect to demonstrate the laws of God and build a spiritual foundation upon which health, happiness, and eternal peace depend, unless they understand their true nature and practice unceasingly the scientific laws embraced within themselves.

The whole purpose of this series of lessons on “Absolute Science Practice” is to teach you how to think scientifically, which means thinking according to facts and not according to the appearances of a material world which never had a true existence. If the so-called material world were created by God, it would not constantly fluctuate between good and evil—it would be as changeless as its Principle, God. That which the human mind terms matter and spirit indicates states and stages of consciousness and one builds his own world according to what he accepts as true—either “God or mammon.”

We very often hear people refer to the material world as “a living hell,” and because of the unilluminated human mind they continue to suffer and to be deprived of God’s gifts that eternally surround them: Such people can get out of this so-called “mental hell” into heaven the very moment they are determined to think their way out by practicing the presence of God right here and now. There is no intelligence displayed in waiting for death to deliver one into heaven for there is no death connected with the spiritual man who is the reflection of Life, Itself. Besides there is no place for man to go for he is in heaven now. St. John had not passed the transitional stage in human experience called death, but he already *“saw a new heaven and a new earth.”* (Rev: 21). St. John proved for all humanity that death, sorrow, and pain are false beliefs which can and must be destroyed through the supremacy of Spirit upon which Absolute Science is based and which must be practiced by every individual who is seeking the kingdom of heaven.

It must be clearly understood that heaven is not a locality or another world which one enters when he leaves this earthly experience. Heaven is a state of absolute consciousness that is

free from restriction or relation; unlimited, independent: hence unconditional. It is positive, entire, total, unquestionable, pure—it is pure Spirit, Self-sustained and Self reliant, knowing nothing outside of Itself. Furthermore, this is a true description of yourself as God's reflection which includes the whole of creation.

The Lord's prayer says, "Thy kingdom come, Thy will be done in earth, as it is in heaven." This can be a present reality for each and every one when he strives to put all of God's characteristics into practice. I can think of nothing more satisfying and fruitful than practicing the presence of God and striving to attain a spiritual consciousness that duplicates the One Divine Mind, in which we are all living now. St. Paul said, "*Let this mind be in you which was also in Christ Jesus.*" When we consider the mind which was in Christ Jesus, we find God to have been his only Mind—this applies to each individual also.

Very recently I came across a very powerful statement made by Mrs. Eddy in "Christian Healing," page 4, line 24. After all my years of teaching that Jesus should be our very blue-print in living, this statement opened my eyes to the fact that in order to follow Jesus implicitly, we must have the same model or image in mind which he held when doing his mighty works. This statement in "Christian Healing" gives us the secret to his miracles for he never claimed he did anything and even told his followers not to call him good for "*One is good—your Father in heaven.*" Here is the most profound statement ever made in Absolute Science—"God must be our model, or we have none; and if this model is one thing at one time, and the opposite of it at another, can we rely on our model?" If God is to be our model in working out our salvation we must not allow the true concept of Him to fluctuate any more than an artist changes the image he must carry in mind in order to reproduce it on canvas.

It is reasonably easy to make God our model when we analyze His aspects such as Life, Truth, Love, Soul, Spirit, Mind, Intelligence, and Substance and strive to duplicate them in our own consciousness. Jesus did not only talk about God—he lived God (Good) every instant by working as he knew God works.

The most natural question to arise is, "How do I practice Absolute Science and what is the first step to be taken?" The answer is very simple and does not require any fixed formulas or mental effort on your part. It is only a question of understanding that God and you are not two, but One, and that One is God. Man, being the consciousness of Divine Mind, God, most naturally is embraced in God—thus God and man subsist as One, just as the principle of mathematics and the numerals are inseparable—one without the other cannot be demonstrable.

You must acknowledge man to be just as essential to God as God is to man. God is Cause and man is God's effect or manifestation—one without the other would be the annihilation of both. God must have something to be the Cause of—hence you, as God's spiritual effect, are as perfect as God is perfect.

You must make a practice of glorifying and praising your Mind and body because your only presence is the reflection of God. If you were to stand in the sun your body would cast a shadow or reflection. Trace that reflection back to that which was causing the reflection and you would find Yourself. In the same sense if you will trace yourself as God's reflection back to its cause you will find God. Thus you are always in God's presence. These are scientific facts about God and man which must be mentally practiced as diligently as any other science if you wish results.

God created man's body. Therefore it belongs to Him and we should treat it as His presence reflected in every organ. Our practice consists of watching what we are thinking about God and His reflection man.

## LESSON 3

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### ABSOLUTE SCIENCE PRACTICE

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If you wish to practice the absolute truth and demonstrate the presence of God right here on earth in your daily life, you must begin with the adjustment and transformation of yourself. You must first lift your thought of yourself above the belief in a physical personality or selfhood in matter to the realization or fact that you are a spiritual individuality, God, in the only true Mind where all false concepts are lost in supersensible good. This is the only way whereby the false personality is laid off. If you cling to the belief in a personality separate from God you will constantly be a victim to the false beliefs associated with a material personality.

Let us analyze a few of the beliefs that prevent one from living a peaceful, healthy, and abundant life right here and Now without waiting to enter heaven after the physical transition called death. It is utter nonsense to entertain such finite concepts when you are now an infinite, spiritual individuality reflecting all that God (Good) is. As long as one thinks of himself as a physical being, he automatically places himself under the false and limited laws of a world which was never created by God and of which God cannot possibly be aware. As long as one believes he is living in a material body, he is always concerned about its welfare. He believes that food has power over him so he limits his diet, thus making food a “god,” breaking the commandment *“Thou shalt have no other gods before Me.”*

If you believe you cannot exist without money then you have another false “god.” By depending upon money, which is only a symbol of Substance, God, you close the channel of your supply and become a victim to yourself, for you are the only one who can deprive yourself of anything you may desire. The belief in yourself as a physical being causes you to be afraid of the numerous accidents, diseases, climatic conditions, and limitations too numerous to mention. Besides being constantly influenced by fear for the welfare of the body, there is always a desire for material possessions which the spiritual man never desires.

Did it ever occur to you that since you are a spiritual being living in the world of reality that it is contrary to your divine nature to desire or expect anything to be added or taken away from you in this so-called world of illusion? In other words, the time is Now when all belief in two worlds must be totally abolished. The basis of all problems is the belief in a material world wherein exists a material man controlled by a mortal mind. This is what Jesus condemned as the basic lie when he said (speaking of the belief in a material man), *“Ye are of your father the devil, and the lusts of your father (mortal mind) ye will do. He was a murderer from the beginning, and abode not in the truth, because there was no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of lies.”* (St. John 8:44). If you will analyze this statement made by Jesus, realizing he was speaking about the so-called mortal mind, you will agree that it is the “father of lies” because every sin, disease, and even death are “offsprings” of this basic lie—a belief in a material man who is subject to sin, disease, and death. The mortal mind may well be called a “murderer from the beginning” for the basic belief in materiality destroys every attempt that man may make to live a perfectly healthy, happy, prosperous, and spiritual life governed only by his true nature which is his Soul (true identity of Spirit) and not body.

If you wish to free yourself from problems you must first free your mind from the belief that you live in a body—you live in Soul which identifies the individuality or “I” of God and your body identifies the Soul or your individual Ego, God. Here you have the Trinity, Spirit, Soul, and body (man)—this Trinity is One. and this One is your spiritual Self.

You do not have to change yourself from a material personality to the full stature of your spiritual Self—all you need to do is change your belief about yourself. This is not accomplished by merely reading about the truth or by repeating affirmations, for all of these processes are in the realm of man. God does not work through words, sitting in the silence, or meditating. All of these customary practices are automatically discarded when you rise in rebellion against the “liar” (mortal mind) and declare once and for all, “I am not a material man with a mortal mind. I am now a spiritual being with the divine Mind as my only Mind governing all action in my body and affairs. My body belongs to God for He created it for the purpose of expressing Himself. It is a perfect manifestation or proof of His presence—henceforth I release all claim to it as my personality and return it in consciousness to the spiritual kingdom of which I am a part.”

You must become aware of the fact that there is but one man—the spiritual man right here on earth. If you believe that there is a material man living here on earth, and a spiritual man living in heaven, you will confine your spiritual Selfhood to an invisible, world and will not be able to witness God expressing Himself in the infinitude of glorious creations. If you wish to live in heaven, you must bring the kingdom of heaven down to earth in your own consciousness. No one can do it for you—not even God. In the beginning of this lesson, I pointed out that *you* and *you* alone are responsible for your daily experiences. “As a man thinketh in his heart so is he.” There is a difference between “thinking in your heart” and intellectual thinking. When you are “thinking in your heart,” you are thinking with feeling and conviction that what you are thinking is the truth.

Very often a person wonders how this man can be spiritual and still be here on earth. No one lives in either heaven and earth—he lives in his consciousness where heaven and earth are both concepts in his own mind. When your consciousness rises above the belief in materiality, all human concepts (including the physical body) disappear from your thought and your spiritual Self is awakened from the Adam dream or illusion of a physical man in a physical body. When this occurs you will no longer seek to demonstrate the symbols of the manifest world for you will realize that you are as spiritual as God and you are already heir to the whole of creation. Accept it and enjoy it now.

In closing this lesson I want to remind you that God, Truth, is the only speaker and the only writer. “*He that hath an ear to hear, let him hear.*” “*Behold I stand at the door (your consciousness) and knock: if any man hear my voice and open the door (open your mind) I will come in to him, and will sup with him, and he with me.*” The Christ, Truth, will enter your mind and you will feast (sup) upon God’s ideas.

## LESSON 4

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### ABSOLUTE SCIENCE PRACTICE

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I often wonder how many of my subscribers to the monthly lessons actually study them, or do they just read them over without applying what I write to help them, In these lessons I am giving you the benefit of my many years of experience which really spares you from having to do the research into metaphysics which I have done. Very often people comment on my spiritual understanding and ask me how I arrived at my present state of consciousness. I will tell you very briefly that when I got my first taste of Truth I was living in the Yukon Territory, Canada. There were no teachers, lecturers, or practitioners there in Dawson City, so I was compelled to study alone and to look to God for enlightenment and understanding.

I have often stated in my books and lessons that we are already spiritual beings, thus the purpose of our mental work should not be an attempt to add to our spiritual stature, or to bring our desires into manifestation but it is an eliminating process—one of getting rid of the many false concepts which we may have been entertaining.

In St. Matthew, chapter 9 verse 17, we read, *“Neither do men put new wine into old bottles: else the bottles break, and the wine runneth out, and the bottles perish: but they put new wine into new bottles, and both are preserved.”* This verse is descriptive of what happens when a person’s mind is cluttered up with all sorts of false beliefs, possibly accepted as the truth by reading literature that is not written from the basic Principle, God. One may listen to many lecturers and take many classes—each one presented from a different angle—until his “bottle” (mind) is so full of diversified concepts that he is not able to discriminate between Truth and error and he is unable to “put in new wine.” In other words, no one can accept the absolute truth about God, man, and the universe until he is able to “empty the old bottles” of misconceptions. In my own case I was most fortunate not to have had access to the various presentations and methods given today in the name of Truth so my “bottle” was empty and receptive to the absolute Truth. I was most fortunate in not having to rid my mind of the prevalent presentations of today.

Science and Health was the very first book of Truth that I ever read and I am happy to admit that I was able to understand and interpret its full meaning from my first reading—it has been my constant companion ever since 1909. Furthermore, I was able to demonstrate the Truth at once because I had no false concepts standing in my way—my “bottle” was empty and receptive to the wine of inspiration which Science and Health gave to me—is it any wonder that I often advise my students to avail themselves of this book of treasures for I know from my own experience what a feast is in store for them. I am not a Christian Scientist and I never confuse Christian Science with the church organization. I have always been an independent teacher expressing the truth as I have demonstrated it. I did not merely read the book but I studied it as many as eight hours each day. Then Mr. Rawson, who had been raised in Christian Science, came to Vancouver in 1921 and appointed me as a member of his staff—I have taught every day since.

As you all know I seldom ever mention myself and my activities, but since I receive many inquiries about myself and my work I feel this is a good time to give you the benefit of my early experiences. I have always tried to keep my work on a very impersonal basis. What I have told

you may answer the question of why you may not be progressing in spiritual understanding as rapidly as you desire—you may be studying or reading too many diversified teachings. There is an old saying, “Beware of the man with one book.” I found the truth in one book and stayed with it to my entire satisfaction and delight.

One of the most prevalent questions asked me is, “Is it right to picture or use the imagination in order to demonstrate?” To begin with visualization is wrong and harmful because it causes the human mind to picture something which really does not exist—such a practice is thinking lies and not the truth as Jesus said: “Know the truth.” Imagination is a faculty of mind which can be traced back to its fundamental Principle, God. Man’s recognition of this great faculty of Mind is within reach of his own conscious thinking. It is the imagination that enables man to transcend relative thinking and to release himself from the bondage of old conditions and to put on the new by turning in thought to God and the spiritual world. Through the imagination man is brought into a condition of consciousness which is called inspiration and this state of mind enables him to conceive new ideas. Inspiration links man with his Creator and brings into existence our poets, composers, seers, prophets, mystics, and great inventors. Imagination is being used unconsciously by many for it is the natural birthright of man. The man who is fortunate enough to realize the great power of the imagination sufficiently to use it consciously is the man who can transform his life and affairs at will. An image in mind is a spiritual reality. God created man and the universe through the images He held in mind. But you must not confuse the power of the imagination with fancy. Fancy is superficial, while imagination is deep, essential, spiritual. Fancy flits about the surface and is airy and playful, sometimes petty and sometimes false while imagination goes to the heart of things and is deep, earnest, serious, and seeks always and everywhere for the truth, as in the case of an inventor.

It is the imagination that enables one to turn in thought to the world of reality and to strive to understand how God worked in the beginning to create all things by forming mental images which are tangible and real in manifestation.

Draw upon your imagination right now to recognize this great creative faculty within reach of your own conscious thinking, and you will discover the power God gave to man to have dominion over the earth.

A practitioner is one who is able to exercise her creative faculty (imagination) to transcend the many problems that people present to her for solution.

The exercise of the imagination is spiritual thinking based upon the Creator of the universe who created man in His image, thus man is God’s image.

## **THE OBJECT OF LIFE**

“To gain a knowledge of the object of life in this so-called material world, we have to consider what is the object of life in the spiritual world, called heaven; that is to say what is the object of the spiritual man’s existence in the world of reality. It is the giving of continuous, infinite joy by God, the Principle of good, to Himself, in giving it to the infinite spiritual beings who constitute His consciousness, by means of which He thinks and knows and therefore enjoys all His creation. *“Thou has created all things, and for thy pleasure they are and were created.”* Rev. 4:11”—an excerpt taken from one of Mr. Rawson’s personal manuscripts.



## LESSON 5

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### ABSOLUTE SCIENCE PRACTICE

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Because there is nothing so misunderstood in metaphysics as the services of a practitioner, I have decided to clarify the subject for the benefit of those individuals who may find it necessary, at times, to seek help with their problems.

Please understand that I can only speak for myself and the way in which I perform my services for I realize that all practitioners do not work alike. There is a right and a wrong way to do everything and the only proof one has whether or not he is doing his mental work scientifically is by the results—*“by their fruits shall ye know them.”*

In order to become a scientific practitioner one must first of all know how to think, as well as what to think, in order to harmonize his or her thinking with God’s laws. In other words a practitioner must have the same sense of power and ability to subdue material conditions as Jesus displayed throughout his mission on earth.

It is unfortunate that most people do not believe they are capable of performing the same miracles of healing—to disclaim their own ability they refute Jesus’ words, *“Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also: and greater works than these shall he do.”* John 14:12. Jesus also said, *“Heaven and earth shall pass away but my Words shall never pass away.”* Heaven and earth are fleeting concepts but Jesus’ words were founded on the changeless laws of Principle which are established within each and every individual.

Have you ever really gotten acquainted with yourself as the man God created in His image and gave dominion over the whole of creation? Or have you been *“looking through a glass darkly,”* as St. Paul said, and judging yourself by what your eyes seem to see and your ears hear? For centuries man has been enduring the limitations and miseries of the so-called material world because he has not followed the simple instruction of Jesus Christ to look within. What does it mean to “look within?” It means to look beyond the appearances or symbols of this world and find you are Soul and not body. You are not now, never were, and never will be separated from the same identical Christ which personified Jesus’ identity. Are you brave enough and have sufficient faith in your real Self to declare as Jesus did, “I am the Way, the Truth, and the Life?” If you can do this sincerely, realizing your true Ego is the Speaker, you have taken the most important step in your life, and you will have severed all so-called bonds with the illusory world, and you will be free to exercise the authority of your Soul over sin, disease, and death. You will have returned in consciousness to the world of reality from which you may have felt you had wandered.

Wrong thinking is the only thing that prevents one from living in heaven right here on earth: Right thinking is true prayer or treatment.

In previous lessons I have elaborated upon the subject of treatment and why it is necessary until the material world and its manifestations cease to be even an illusion. No one can rid himself of problems by merely saying they are nothing but illusions—he must know why they are illusions.

The mortal or human mind is self-creative and self-sustained because God knows nothing about its apparent existence for He never created it. Mrs. Eddy made its non-existence very clear on page 408, Science and Health, "Mortal mind is ignorant of itself, ignorant of the errors it includes and of their effects." She also wrote, "Mortal mind is ignorant of self, or it could never be self-deceived. If mortal mind knew how to be better, it would better." Science and Health page 186.

When we realize that all problems are erroneous concepts or illusions we must be too alert and well fortified to allow nothingness to handle us. Again I must agree with a statement in Science and Health, page 234, line 26, "You must control evil thoughts in the first instance, or they will control you in the second." You may wonder how you can control evil thoughts in "the first instance" if you are not aware of their origin? The answer is very simple when you understand that everything past, present, and future in the material world happened all at once when the "mist went up from the earth, and watered the whole face of the ground." The "mist" may well be interpreted as the mystification that entered man's mind causing him to believe that he was a physical being (created from Adam's rib) instead of the spiritual man that God created in His own image and gave him dominion over the whole of creation.

In the book, "Life Understood" by F. L. Rawson, you will find the most logical explanation of the material world as a series of cinema pictures that pass before man's knowing faculty like a dream, hiding the real world from one's view. Rawson referred to these pictures (thought forms) as the "mist of matter"

These so-called pictures can be seen by anyone who has the same spiritual vision that enabled Jesus to foresee coming events such as those recorded in St. Matt. 24. The ancient prophets gained their foresight through spiritual illumination which demonstrates the capacity of the Soul when the human mind yields to the Divine Mind, God. Every individual is endowed with this Soul-sense to know the past, present, and future.

From what I have just told you it is quite evident that treatment is not to be used simply to bring one's desires into manifestation but it is a scientific method of preventing foreseen events from happening. It very often uncovers that which may be preventing a healing from taking place.

I healed a girl in Boston who had never been able to see from birth by knowing how to treat backwards for seventeen years and uncover the apparent cause of her blindness. I discovered that her mother had experienced a terrible fright five months before the girl was born which caused her unborn child's eyes to be affected. Upon examination, many noted eye specialists said her eyes let in too much light. I did not treat the girl's eyes but I did treat backwards and removed the so-called basic cause of her mother's-fright which had remained in the pictures of the world until I uncovered the error and treated it out of existence. I had never seen the girl prior to my work until she came home for Christmas from a fashionable girl's school three weeks later. She was perfectly healed and for the first time in her life was able to go on the street alone and live a normal life.

It is a mistake to believe if you ask a practitioner for help that you are leaning on her instead of doing your own mental work. There is only one Mind and if a practitioner is able to discern the cause of a problem she becomes a clear channel through which God reveals the answer. If I had not been able to remove the cause of this girl's affliction and knew how to treat she may have gone all her life in darkness. I thank God for the privilege I have in knowing how to treat.

## LESSON 6

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Since there is nothing but God, what else is there to talk about? God is Mind and its manifestations are the reflections of God's thinking. "Reflection" is the only word that can be used to describe all manifestations in this world as purely and not material. Man as Mind's "reflection" enables one to realize that man is never separated from God but has eternal, uninterrupted communion with Him and Mind's ideas. It proves that man and God is One and not two. 'No one can overcome the belief in matter and its apparent influences until he finds his being in pure Mind. A realization of this fact automatically dispels all beliefs in a material existence and enables one to live in heaven right here and now.

The purpose of this lesson is to prove that your mind is a perfect reflector and by understanding its divine nature you can demonstrate or manifest any desire. This lesson will help you to make your At-one-ment with the Substance of all things and cause you to realize that your mind is the realm of God's ideas where your Soul dwells in silent content. Your uninterrupted ability to demonstrate depends upon your ability to realize that your mind is the divine Mind and its reflections constitute the spiritual man, the term used to embrace all creation. Always keep in mind that when you are thinking your mind is reflecting back to you whatever you are holding in mind, just as a mirror reflects whatever you place before it.

Hence Jesus' admonition, "*Watch and pray*"—watch your thoughts. Compare your every day experiences with your thinking and you will discover they are identical. This lesson should prove why you cannot think your way out of troubles through the average books or mental practices to which the average person is a victim—but an understanding of "reflection" solves all problems.

I first got my clue to "reflection" from a statement in *Science and Health*, on page 301, line 5, "Few persons comprehend what Christian Science means; by the word reflection." This one statement led me to contemplate the importance of this word and to observe the working of my own mind. It caused me to look back many years when I was a child living on my Grandfather's farm in Wisconsin. My mother died when I was four years old so my father left us four children with our grandparents on this very large farm. Being under Grandpa's supervision, most naturally it was necessary to always seek his consent before I could do whatever I had in mind. One day I asked him if I could do a certain thing and he answered, "I will have to reflect on it first." Looking back over those years when I read what Mrs. Eddy wrote saying, "Few persons comprehend what Christian Science means by reflection," I recalled how my Grandfather had used the word and I instantly realized he meant he would have to think about it—thus reflection means thinking. Instead of believing that your mind is just a mental faculty which you use to think about something, you must realize that when you are in the process of thinking you are actually holding before your mental mirror the ideas which you desire to be "reflected" back to you in substance, color, and outline. You may call this reflection material but it is the spiritual reflection mirrored forth by the very nature of your divine mind. As you advance in spiritual understanding your

thoughts will finally be seen in spiritual form, substance, and color, but without the least thought of a material accompaniment because your mind can reflect nothing but its totally complete ideas.

I gave classes and wrote lessons on this subject of Reflection in 1939. It has always been very clear to me that since God is all and in all there can be no matter or material man. But you must not expect to grasp this idea of “reflection” by just reading this lesson. It does not require solar time but it does require a sincere and very eager desire to understand your mind. I suggest you provide yourself with a small hand mirror while studying this lesson; it will help to concrete your ideas and make them more meaningful to you.

I want to assure you that my life was completely transformed by this idea of reflection. No more striving to find God and the world of reality for I had found it within my own mind. I found that God, Mind, and I are actually One, just as Jesus had declared over and over again.

Now I want to call your attention to the construction of a mirror. It seems to be nothingness and yet by virtue of its very nature, it reflects and reproduces all colors and forms placed before it. While it is reflecting certain objects there appears to be two, namely the mirror and its reflection but in reality there is nothing but the mirror demonstrating its nature without material accompaniments because there is nothing solid or concrete about its reflections, any more than your reflected form in a mirror is solid or fleshly as you appear to be. I also want to make this point very clear to you. You do not have to labor mentally to rid your mind of past mistakes or experience of lack, sickness, etc., for none of these evil beliefs have entered your mind. You may have experienced their reflections because you did not watch the thoughts you were holding in mind. You cannot remove them from mind any more than you can take your face out of a mirror as long as you stand before it and allow it to reflect your face.

Another important point is this: while an object is being held before a mirror it has uninterrupted communion with the mirror—the mirror and the object are one. In like manner when your mind is stayed on God you are in constant communication with your divine Mind and you have nothing to do but “Be still and know” that the kingdom of God is within you as a mental mirror reflecting the desires of your heart. You do not have to keep informing your mind what you want. It is all Intelligence and knows better than you what will benefit you most and give you the most satisfaction and happiness. Every idea has its starting point in Spirit and is not conceived by man.

When you consider the nature of a mirror to reflect, you may well understand how God created the world from nothing but pure Mind in the beginning. To illustrate my point—place a rose before a mirror and the mirror will create a rose in substance, color, and form by reflecting it from nothingness. When you observe how a mirror instantly reproduces whatever you hold before it you can readily see there is no time or space in Mind. You can place many objects before a mirror at the same time and none of them take up space or interfere with each other which proves that every manifestation retains its own identity.

This lesson should prove to you that your mind is the kingdom of God which you can enter at will by means of your consciousness: Today is the accepted time for every individual to stop looking outside of his own mind for God and claim his own individual Ego (God) right now.

## **LESSON 7**

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### **ABSOLUTE SCIENCE PRACTICE**

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In my last lesson I analyzed the nature of your divine Mind and explained how all manifestations are revealed from within by Reflection. If you will study that lesson thoroughly you should be able to understand how God's ideas appear in form, color, and substance right here on earth without becoming material.

Mrs. Eddy, in her wisdom and divine foresight, wrote in *Science and Health*, page 263, line 7: "When mortal man blends his thoughts of existence with the spiritual and works only as God works, he will no longer grope in the dark and cling to earth because he has not tasted heaven." Let me explain this marvelous statement. When you accept your individual mind as the divine Mind you are "blending your thoughts of existence with the spiritual" and allowing your mind "to work as God works," by Reflection. In this manner you can be still and know that your Mind is working as God works. You will no longer grope in the dark (in ignorance of God) and cling to material means by which to solve your problems just because you have not tasted heaven. The very instant that you realize your individual mind is the "kingdom of God within you," you will have tasted heaven and made your at-one-ment with God, just as surely as Jesus did.

When you have thoroughly digested Lesson 6 on Reflection do not use it as a formula by thinking you must take every problem and figure out how your mind works it out according to what I explained. In fact, the less you try to figure out how Mind, God, works the better will be your results or demonstration. Always bear in mind that all you can do or are required to do is to harmonize your thoughts with God so you will have an eternal uninterrupted contact with the only Power, there is. You must realize that your faith in the unseen power is the key that opens the door of your consciousness to heaven. If you have faith in God you will not try to beg Him to solve your problems nor will you try to accomplish that which He has already finished. God's laws are established and we must follow them if we wish to demonstrate or prove these law.

In these days of world conflict I often hear people say, "If God is all-Power why does He not stop the war?" God is Good, Itself. How can Good be conscious of evil? Besides, God is not a person—God is the Power of Good. That which is taking place in the form of war is a conflict of human thoughts. The "Battle of Armageddon" is not just taking place on a battlefield, it is taking place all over the world in the form of sin, disease, death, deception, hypocrisy, hatred, rivalry and the numerous faults tributary to the belief in a mortal sinner which God never created and knows nothing about. All that is necessary to stop all evil, individually and universally, is for man to resurrect his thought from the false basis of materiality and see all men as spiritual beings still living in the divine Mind where they were conceived and will dwell under God's guidance and laws eternally.

Those students who love Truth and strive to abide by God's laws must bear in mind constantly that they have a greater duty to perform for all people on earth who are victims of the evil forces at work in this world—like "a thief in the night" error creeps into a man's mind

(unseen and unheard) because it is mental. Many victims of evil often confess that they do not know why they have committed crimes.

As a practitioner of many years and having contacted thousands of truth students during my travels on lecture tours, I have been able to observe the various forms of thinking in which people indulge. It has been of great benefit to me in determining why so many earnest seekers of Truth fail to demonstrate after many years of faithful devotion.

I have found the most prevalent mistake and hindrance is because they believe when they have done their daily lesson or perhaps spent some time in quiet meditation they can then turn their problems over to God to solve for they feel sure He must know their needs and has heard their supplication—such an attitude is actually a confession that they still believe in a personal Deity. Unless one understands the Nature of God and realizes His work is finished, the ordinary devotional practices only satisfy the human mind and causes the individual to feel that he has performed his daily duty to God and that he can safely leave his problems with Him. When the demonstrations are not forthcoming he wonders where he has failed in his prayers.

When you accept yourself as the spiritual man which God reflected in the beginning and endowed with His divine Nature of Life, Truth, Love, Soul, Spirit, Mind, and Substance, how can you constantly ask for more than All? God cannot give you any more if He wanted to for He has already given you His whole creation. All the prayers which you may utter for the rest of eternity will never make you any more perfect than you are now. You may ask, then why do I pray? You pray because the spiritual man, being God's consciousness, is always thinking of God. In reality, when you are knowing the Truth, it is Truth dwelling upon Itself by means of its individual Selfhood, called You. By knowing this you can readily see that Truth, God, is the only thinker and actor. This brings all things to one focal point and eliminates man from believing he has anything to do but bear witness to God.

I have just pointed out the futility of constantly praying to improve your stature. God never created man so badly that he has to spend a lifetime in an attempt to improve himself. But there is an important point which must be considered. You must not allow yourself to dwell so completely in the unseen world that you fail to recognize the manifest world with which we have to contend. Even though we know this is a world of illusion we must be too well fortified by the truth to allow this illusory and counterfeit world to influence our lives in, any way. We must mentally keep ourselves separated from all appearances just as though the material world were a set of moving pictures passing before your knowing faculty just as pictures you see on a cinema screen.

Our prayers should be a constant reversal of everything unlike God and the spiritual man. This does not necessitate religious devotion—it requires mental alertness and a firm denial and rejection of everything unlike the spiritual man's world. This means guarding your consciousness so nothing can enter that is unlike that which God has already prepared. If negative thoughts cannot enter your consciousness they cannot manifest in negative experiences. Every time you reject a negative thought you are just that much closer to a realization of heaven here on earth.

Our most important and joyous work is to follow Jesus' admonition, "*Watch and Pray*"—stand watch at the door of your consciousness and never allow any thought to pass that does not proclaim the presence of God. This constant practice of reversing negative thoughts gives one the same sense of loyalty to God that Jesus had which enabled him to prove God's presence in all his mighty works.

## LESSON 8

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### ABSOLUTE SCIENCE PRACTICE

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Because of the numerous requests for a lesson on money I am repeating one which I wrote recently. Many of you were not my subscribers at that time so you may appreciate this repetition.

One often hears a truth student say he is able to overcome physical problems for himself and others but is not able to demonstrate money, commonly referred to as supply. The word “supply” implies vastly more than just money. It includes physical health, daily needs such as a home, food, clothing, and an understanding of the Christ-unity of the male and female consciousness which constitutes one complete Substance. Before you can open the channels of consciousness that supply all your needs and receive the instantaneous manifestations, you must first examine your thinking and discover what thoughts you are entertaining that obstruct the channels. I made it quite clear in previous lessons that the law of demonstration is already established within you. You need not try to create it—but you do have to know how to clear the channels in consciousness so this divine Law can supply you with everything in life that you feel will add to your happiness.

The first lesson to be learned once and for all is this: There is no material man to be mesmerized by the belief that he needs money in order to supply himself with this world’s goods. You are the spiritual man right now, therefore, you cannot add to your supply for God has already established the Law of Substance within your consciousness which makes you as Self-sufficient, Self-reliant, and Self-supporting as your basic Cause, God.

There are great lessons to be learned about supply in the words of Jesus and Solomon. As Jesus pointed out, all the thinking in the world will never make you more spiritual than you already are. If we will exercise the faith and patience of a lily by daring to just be the spiritual man, letting God feed and clothe us, we will soon dematerialize the mortal mind that has done nothing but deceive humanity and hold it in bondage. Solomon’s advice to get wisdom and understanding is the key to demonstrating supply, including money. Wisdom is a quality of consciousness which must be used in every walk of life. You can study and read about the material world and gain a fund of theoretical knowledge which is “foolishness in the sight of God.”

The reason that it is more difficult to demonstrate money than other things is because a person, through ignorance of his true relationship to God who is the only Substance or supply, places himself in a secondary position to money and believes he is dependent upon it for all his needs. Money, like every other object of creation, represents a very high spiritual idea in the divine Mind. It is one of the infinite ideas in God’s spiritual universe over which we have dominion, but to which we must not be a complete servant. You must raise your concept of money from a material basis to one of spiritual consciousness in order to clear the channels even though the channels may appear to be material. As long as there is a belief in a material world, where all things are supplied for man’s existence and welfare, we must realize that all demonstrations appear through whatever channels are necessary to complete the demonstration. And because they appear through these natural channels do not think they are material for all is spiritual.

In order to gain an understanding of the part that money plays in this manifest world, we must reverse the material fable and analyze what it represents in the spiritual world of reality. Since results are the only proofs of one's understanding, I will now relate to you step by step how I proved that money is not difficult to manifest. Taking first a view of the part money plays in this world I could see that it is a medium of exchange. Then I asked myself what this exchange would represent in the spiritual world. I readily saw that there could be nothing but an exchange of ideas passing from God to His own consciousness, man, this constitutes the circulation of ideas constantly taking place in Mind. Analyzing this action further I could see where this action in Mind is the Christ power of God, sustaining and supporting every idea. Feeling satisfied that I had found the true source of all supply I began to ask myself some questions. First I asked, if I had a lump sum of money right now what would I do with it? My answer was, I would buy a lot of things to make people happy. Then I asked, "Do I need money to buy happiness?" Happiness is God and I can't buy it. I continued to question myself and finding all the answers in God, without a dependence upon money, I reached a point in consciousness where all reasoning ceased and I exclaimed aloud, "Thank God I do not need money to buy any of God's ideas—I shall never need another cent as long as I live"—and I truly felt that way.

The next day I met a man who was anxious to meet another man whom I knew personally. One had something to sell and the other man wanted to buy. I arranged for them to meet at my hotel, never dreaming there was anything in it to benefit me. After a short business arrangement, the buyer wrote a check for five thousand dollars and when the check was cashed the next morning I was given twenty-five hundred dollars just for introducing them, If you have followed my reasoning closely, you will note that I was following Solomon's advice in working for wisdom and an understanding of what money represents. I was not working to increase my supply but in my reasoning I was getting rid of the belief that man is dependent upon money for everything he needs. Whenever I am working on a problem I approach it just as I would in working out a problem in arithmetic and go about it just as systematically.

Money symbolizes Substance—that is why people depend upon it in the same manner as man depends upon Substance, God, in reality. Money is often referred to as the "god of this world." Many people think it is wrong for spiritually minded people to even own money—this is a false concept. It is the love of money that must be condemned.

Money is merely a symbol and no matter how much you use it you can never deplete your supply any more than the use of electrical instruments can lessen the supply of electricity. When you use money you never touch the idea which remains in God—hence you can never lack.

Giving and receiving are one and the same thing. Since you are dealing only with your own consciousness, unless you give to yourself, mentally, you cannot receive—it is all a matter of consciousness. My advice is to build an abundant consciousness by dwelling upon the infinitude of ideas available to man without needing money to buy them.

Since you are God's compound idea, and money is also an idea in mind, you and money are inseparable because you are one and the same



## LESSON 9

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### ABSOLUTE SCIENCE PRACTICE

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Treatment is the word used to indicate that form of prayer which is based upon scientific facts, namely the truth about God—it is actively thinking of the world of reality called heaven—it is true communion With God. Treatment signifies the line of demarcation between prayer that is understood and prayer based upon supplication to a distant Being whom many think may or may not hear their prayers and may or may not even answer them.

Jesus gave us the true principle of treatment and the key to heaven when He said, “Watch and Pray and pray without ceasing.” He meant for us to “watch our thoughts” every second throughout the twenty-four hours—it is to stop entertaining any erroneous thoughts and to think only of absolute good. This practice is very simple and pleasant when you realize all you need do is to take your thoughts completely off the material world of appearance and turn in thought to God and the world of reality, called heaven.

You must use your highest human faculty, which is reason, and analyze everything from the basis of absolute truth. It is reason, based upon facts, that enables one to reach divine understanding. There is no truth or reality in the material world—if there were it would not change constantly. God’s world is changeless and eternal and surrounds us now. The only true thing we can say about the material world is it does not exist—it is pure illusion with no basic principle and the only power it seems to have is the power man gives it in his own consciousness.

These words that were written by Mrs. Eddy in *Science and Health*, page 97, line 11, are quite accurate in regards to what is taking place in the so-called material world today. Study them carefully for they will help to remove the fear of the world’s total destruction from your mind. She wrote: “The more destructive matter becomes, the more its nothingness will appear, until matter reaches its mortal zenith in illusion and forever disappears. The nearer a false belief approaches truth without passing the boundary where, having been destroyed by divine Love, it ceases to be even an illusion, the riper it becomes for destruction. The more material the belief, the more obvious its error, until divine Spirit, supreme in its domain, dominates all matter, and man is found in the likeness of Spirit, his original being. The broadest facts array the most falsities against themselves, for they bring error from under cover. It requires courage to utter truth, for the higher Truth lifts her voice, the louder will error scream, until its inarticulate sound is forever silenced in oblivion. *‘He uttered His voice, the earth melted.’* This Scripture indicates that all matter will disappear before the supremacy of Spirit.” What a great privilege it is for us to have been given the guidance of great souls who have caught the vision and shared their understanding with earnest seekers of Truth.

I am often asked why I quote so often from Mrs. Eddy’s writings and my answer is this: In 1909, when I was living in the Yukon, I was given a copy of *Science and Health* by a friend who later organized the first Christian Science Church in Dawson City. *Science and Health* was the very first book of Truth I had ever seen or heard of up to that time, As I read, it seemed I had always believed and understood every word and it has always been an open book to me—now do you wonder why I quote from it? Not because Mrs. Eddy wrote it, but because it reveals this

absolute truth about God's universe. Another reason why I was able to grasp the spiritual contents is because I had never before read or even heard of any other teaching, so my mind was free from the false theories taught today which only conceal the truth and confuse the students. After all, the purpose of instruction is to "empty the old bottles before you can put in new wine." In other words, you must empty your mind of erroneous beliefs which prevent you from realizing you are in the world of reality now. My mental bottle was already empty so I was able to fill it with the new wine of inspiration which I found in Science and Health. I am not now, never was, nor ever would be, a member of any organization. I choose to remain free to express the ideas that emanate direct from God to me.

Constantly watching your thoughts is comparable to this statement in Science and Health, page 392, line 24, "Stand porter at the door of thought. Admitting only such conclusions as you wish realized in bodily results, you will control yourself harmoniously."

The truth that makes one free is the fact that you live in pure consciousness, therefore all is under the control of your individual divine Mind. If we actually lived in a material world we could never expect to receive anything from God because He can never be conscious of man needing anything outside of his own completeness.

The practical application of Truth is so simple that it seems difficult to comprehend—do you know why?—because most people feel they have a lot to do in bringing about the solution to all problems. Unfortunately, the moment one feels responsible for the adjustment of any situation he stands in his own way, closes his mind to the action of God and wonders why he does not demonstrate. How can God reveal that which is already prepared for each and every one of His spiritual beings when a person attempts to direct his actions and tells him how to do his own work!

When a student is sufficiently advanced to realize that the material world is an illusion and there is nothing but God, he is inclined to think the "denial" is not necessary in treatment—this is a mistake. As long as there is a belief in a material world with its illusions of sin, disease, and death, it is most important to deny the appearance before you affirm the truth. The purpose of the denial is to drive the belief of error from the mind—this is what I call "opening the human mind" in preparation for the realization of truth through the affirmations. It is the affirmation that heals when the human mind responds to Truth. If we are to advance in spiritual understanding, we must banish, once and for all, the belief in a mortal mind that is credited with creating everything in the visible world. If mortal mind created this world then we would be compelled to believe that "mortal mind" must be a creator and this illusion would totally contradict the truth that God is the One and Only Creator. Since "mortal mind" is purely an illusion, a myth, common sense and pure reason tells us that an illusion can create nothing but such lies as sin, disease, and death which in themselves are nothing but illusory beliefs. The day will come when every individual must awaken in consciousness to realize that this world in which we are living is not even an illusion—it is God's "kingdom come to earth as it is in heaven." The statement "there is nothing but God" is the greatest denial and affirmation ever conceived it is the pure unadulterated truth that Jesus said would make us free. The realization of this ultimate fact is the very highest treatment one can give. "There is nothing but God" is the final trump that sets humanity free.

## LESSON 10

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### ABSOLUTE SCIENCE PRACTICE

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*“The kingdom of God cometh not with observation: Neither shall they say, Lo here! or Lo there! for, behold, the kingdom of God is within you”* (Luke 17, vers. 20, 21). This was Christ’s answer to the Pharisees when they asked, *“When the kingdom of God should come.”* Every truth student may learn a lesson from Christ’s reply. Just suppose you, personally, asked Jesus Christ this same question and he gave you the same reply—how would you interpret his reply? After all, the Pharisees represented the doubting mortal mind of that period and today there are equally as many Pharisees who question the Christ, Truth. In fact, each and every individual has a pharisaical human sense with which he must contend until the belief in a mortal or human mind has been totally dissolved by the truth of Being.

If you will analyze every question that arises in your mind, you will find its complete answer. The answer to every question or problem precedes the question—otherwise there would be nothing to question. Since this is an established fact, why not spend your time in analyzing the answer or basic Cause, rather than wasting precious time questioning the Christ and making yourself one with the Pharisees who constantly doubted the Truth. Why not accept your individual Christ and resign your body and all of your affairs to his government? You may wonder what will happen if you do this and question whether or not you will demonstrate the things you desire if you stop thinking about them. This is what actually happens when you stop trying to demonstrate and turn your affairs over to Christ. First of all, you relax the mental tension that prevents your mind from being a perfect reflector for the gifts God has prepared for you. When you ask Christ to take over and govern your life, you have set Substance into motion, for your faith in Christ is the “substance of things hoped for.” You must be as simple as a child and willing to be led by the indwelling Christ, Truth. Highly intellectual arguments and technical terms hinder your progress because you can become so involved in the dead letter that you fail to discern the Spirit. Did Jesus not say that the truth was *“hid from the wise and prudent and revealed to babes?”* Is there any record of his making long speeches in order to prove that the kingdom of God was within himself—within reach of his own conscious recognition? He said he could do nothing of himself but the Father within did the work. Then just what did Jesus do in order to demonstrate his constant contact with the Father? He acted as one who should and will act when he has confidence in his own conscious God power. If you, too, believe a thing is right and true, you will act upon it and not merely talk about it. Have you sufficient faith in your Christ to stop trying to demonstrate? I can never stress this one point sufficiently and that is that a demonstration is a revelation. God cannot reveal His finished kingdom to you until you learn to calm the anxious thoughts that prevent a perfect reflection. You do not create the negative thoughts that constantly come to mind, therefore they are no part of you. You might call them high-tension currents similar to radio waves that you contact if you allow your mind to dwell upon the material world with its conglomeration of problems. But when your mind is stayed on God, the Christ, or a heavenly world, your mental radio is so divinely attuned that only the kingdom of health, wealth, joy, and

success can be broadcast to you. You do not have to get rid of inharmonious conditions any more than you have to get rid of certain broadcasts that are not pleasing to you. All you need to do in such instances is to alter the dial on your radio and adjust it to the program you wish to hear. In this same sense you adjust your mental dial by thinking of God.

Practicing the presence of Truth is just as simple and effective as turning the dial on your radio. You have your choice of either keeping attuned to the thoughts of a material world and a material man full of troubles or harmonizing your consciousness with the “kingdom of God which is within you.” If you keep attuned to God, no so-called outside influence can interfere with you for nothing can manifest in your life unless it can first enter your mind. It is quite obvious that if you strive to keep in tune with God, you will not have to take anxious thought about a single thing. You may wonder what you should think about, for you cannot just sit and think about God unless you have some idea of His nature. My advice to you is this: Take one of His aspects such as Life, Love, Truth, Intelligence, Soul, Spirit, Substance, Mind, and analyze it until it becomes a reality to you. If you have to contemplate one aspect for weeks at a time, it is worth your effort.

God is the only one who demonstrates or reveals Himself when man’s consciousness is calm enough for God to reflect Himself. This receptive state of mind is attained by consciously and actively thinking of God and heaven and not through the “silence” which in most cases is a negative state of mind. There is but one true silence and that is the silencing of the human sense through active understanding. I have never endorsed the silence as practiced by many advocates of Truth because it encourages mental laziness.

Since you cannot think of good and evil simultaneously, it stands to reason that when you are thinking of God and trying to form a true conception of Him that evil thoughts cannot enter your mind. And if you prevent their entry, you will be kept in perfect peace because your mind is stayed on Him.

You may say, “If I stop trying to do anything, I will be just an automaton—then what sense is there in my even trying to learn about God?” I was foolish enough to put up this sort of an argument until Truth revealed itself to me. And please bear this in mind when you are trying to bring something into manifestation: You cannot have a single thing revealed to your sense and sight except that which you realize is absolutely true. A thing must be a part of you before you can possess it as an actuality.

Now let us go back to Jesus’ reply to the Pharisees and realize that his words are applicable today. If the kingdom of God is within you, then you do not have to do a thing to bring it to yourself, do you? If heaven is already within you, then you do not have to go to heaven to find happiness. Your only work then is to assume the attitude that you have already received all and it is up to you to keep your mind so stayed on your kingdom that it will be reflected in tangible forms for your happiness and use. Your mind is your kingdom or realm of all of God’s ideas and they are instantly available if you will acknowledge every idea that comes to you as a tangible object. For instance, an idea of a rose is the real rose because the idea is tangible to the mind that conceived it.

How very simple the truth is when we do not delve into theories about the material world and try to solve nothingness.

## LESSON 11

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### ABSOLUTE SCIENCE PRACTICE

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Let us turn back the time-table and sit down with Jesus and his disciples upon the Mount of Olives, and listen to the Christ speak. Let us listen to the voice of Truth as it is recorded in St. Matthew 24, and let us watch with the wisdom of the servants of God for the revelation of Christ at the present time.

The Christ is again calling our attention to that which Jesus gave us two thousand years ago. Had his vision and wisdom been heeded and practiced, the world would not be experiencing its present turmoil. Read carefully every verse in the twenty-fourth chapter of St. Matthew and see how the present world experiences parallel the vision of Jesus as he sat upon the Mount of Olives. Let us search the depths of some of these verses in an effort to align ourselves with Truth and exercise our Christ power—this is the work of true disciples, the elect.

As Jesus sat upon the Mount of Olives his disciples came, saying, *“Tell us, when shall these things be? and what shall be the sign of thy coming, and of the end of the world?”* And Jesus answered and said unto them, *“Take heed that no man deceive you, for many shall come in my name saying, I am Christ: and shall deceive many.”*

The Christ, Truth, speaking through Jesus, was a state of consciousness. It was and is an exalted state which rests in God, the Father, and transcends all material structures and organizations. That is why Jesus said, *“There shall not be left here one stone upon another that shall not be thrown down.”* When Christ is risen in your consciousness, you overthrow every material belief and manifestation upon which you have ever relied. And you will do it without effort, for Christ is established eternally and does not have to make an effort to become that which has already taken place. When you hear religion being exploited and various institutions claiming to be the highest and best, remember what Christ spoke through Jesus’ lips: *“Take heed that no man deceive you. For many shall come in my name, saying, I am Christ; and shall deceive many.”* At such an hour the Christ in you will rise up and declare: *“I am now the embodiment of the compound ideas of God. No man shall deceive me into believing that I lack that which I have inherited from God. If the Christ were not as present with me at all times as he is with those who profess to have a monopoly on truth, I could never even respond to their ideas because there would be no harmonious note between us to respond to each other. Then how can one pretend to have or give to me that which I already have?”*

Can you not see how easy it is for the world to deceive you if you lend a willing ear and heart? *“And ye shall hear of wars and rumors of wars: see that ye be not-troubled: for all these things must come to pass, but the end is not yet.”* Why did Jesus say, *“All these things must come to pass?”*—there is but one answer. Because the mortal mind or human sense, both individually and collectively, sooner or later, experience that which it has brought upon itself through ignorance and false thinking. We do not live in the world—the world lives in the consciousness of each and every individual. The world is to you exactly what you think it is. If you constantly look at a world of war and listen to rumors of war, you will keep yourself in a troubled state of mind. Jesus said, *“See that ye be not troubled.”* You may wonder how you can keep from being troubled

when your loved ones are involved as well as the whole world. Your prayers for peace and security for those you love will “avail you nothing” unless you can withdraw yourself and those you wish to help from the world of manifestation. Stop focusing your camera of divine Mind upon a distressed world if you wish to take a photograph of “peace on earth, good will toward men.”

If every individual would make an effort to catch the vision of Christ, as displayed by Jesus, we would soon demonstrate the “peace that passeth all understanding.” I am not attempting to give you a new theory, for there is not a single new thing under the sun. As we advance spiritually we catch glimpses of Christ ideas that have always subsisted in God. By holding to this vision of perfection, the undesirable things disperse themselves. Sickness automatically dispels itself and we behold the health that was always there. Now we understand why the only power evil has is to destroy itself.

When Jesus said, “These things must come to pass,” he evidently knew the world had to experience an upheaval such as we are witnessing because evil is destined to meet its own destruction. Everything that man has depended upon must and will vanish before he appreciates his own Christ power. Jesus exercised his vision and was not swayed by appearances—thus he overcame the world. Every individual can save himself countless misery if he will do the same. The repetition of words will never bring about the vision of Christ—it is the persistent striving to know more of God and in treating your fellow man as though he were yourself—this is the Golden Rule.

Why am I calling your attention to these verses with which you may be very familiar? Because I have caught the vision embraced in Jesus’ closing statement in verse 6, when he said, “*But the end is not yet.*” You can read verses 7 to 14 inclusive.

We are entering a new world—a spiritual world. The “old man with his deeds” is being put off and we are about to take on new manifestations. We wrestle not against flesh and blood, but against powers, that are visibly expressed by individuals. Old traditions are being broken down and “*there shall not be left here one stone upon another, that shall not be thrown down,*” as Christ spoke by means of Jesus. The same state of world consciousness that attacked Jesus, the Christ, and called him a “wine-bibber and a glutton” and sought to kill him because he befriended mankind, is still rampant in the world. If you and I are wise disciples of Christ, we will not associate this evil power with personalities but will see it in its true light as impersonal evil. It is nothingness claiming to have power to destroy and kill, to deceive and monopolize until Christ’s disciples rise in rebellion and allow the Spirit to be heard here and now.

Are not verses 9, 10, and 11 indicative of that state of consciousness through which the world is passing at the present time? Can you hold your vision and see beyond the personalities or leaders of all nations? If so, you contribute to Christ and are loyal to God. You are then one of those mentioned in verse 14.

This is no time for us to be concerned about man-made laws and rules. Truth is on the march and we are following our Christ straight into God’s kingdom where every nation is already united in brotherly love and understanding and the “government is upon his shoulder.” Let us who profess Truth keep united in consciousness and lend our spiritual power to those who have been chosen as the symbols of Truth to lead us through the “Red Sea.” This is our duty to God.

## LESSON 12

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### ABSOLUTE SCIENCE PRACTICE

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First of all I want to call your attention to the fact that the statements I make in my lessons are not based upon mere theories about an illusory world—they are scientific facts as demonstrable and practical as the science of mathematics. You need not take my word for any statement I make for, fortunately, you can prove it for yourself if you will apply the laws of absolute science as methodically as you apply the laws of mathematics when working out a problem in arithmetic. The mere reading of a daily lesson, repetition of affirmations, and sitting in silent meditation will never solve a problem—it is the ever-active conscious effort to understand God and your relationship to Him that results in the Christ consciousness. As St. Paul said, *“Let this mind be in you which was also in Christ Jesus.”*

“When sufficiently advanced in Science (spiritual understanding) to be in harmony with the truth of being, men become seers and prophets involuntarily, controlled not by demons, spirits, or demigods, but by the one Spirit. It is the prerogative of the ever-present, divine Mind, and of thought which is in rapport with this Mind, to know the past, the present, and the future. Acquaintance with the Science of being enables us to commune more largely with the divine Mind, to foresee and foretell events which concern the universal welfare, to be divinely inspired—yea, to reach the range of fetterless Mind.” These are the words of one of the greatest prophets of modern times, Mary Baker Eddy, as recorded in Science and Health on page 84, line 7 to 18.

As Jesus Christ, the greatest prophet of all times, *“...sat upon the mount of Olives, the disciples came unto him privately, saying, “Tell us when shall these things be? and what shall be the sign of thy coming, and the end of the world?” And Jesus answered and said unto them, Take heed that no man deceive you. For many shall come in my name, saying, I am Christ; and shall deceive many. And ye shall hear of wars and rumors of wars; see that ye be not troubled: for all these things must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places. All these things are beginning of sorrows. But he that shall endure unto the end, the same shall be saved. And this gospel of the kingdom shall be preached in all the world for a witness unto all nations, and then shall the end come. For there shall be great tribulation, such as not since the beginning of the world to this time, no, nor ever shall be. And except those days should be shortened, there should no flesh be saved: but for the elect’s sake those days shall be shortened.”* (St. Matthew 24).

Now let us compare Jesus’ prophecies with that which we witness taking place today. Wars and rumors of war: earthquakes in places where they have never occurred before; pestilences of all kinds. Are we not witnessing nations against nations all over the world? The twenty-fourth verse of St. Matt. 24 might well refer to communism. *“For there shall arise false Christs and false prophets, and shall shew great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect.”*

In spite of this advice from the Way-Shower and Master Thinker of all times, students in search of truth often travel across the continent and into foreign lands seeking the Christ which is

their own indwelling consciousness. Then after years of disappointments and failures they condemn the truth and say it does not work—they even blame God and accuse Him of withholding good from them in order to punish them for something they did that was wrong. This sort of thinking is an alibi for their lack of spiritual understanding and serves as a convenient pacifier for their own ignorant ego.

There is no inside or outside in your mind and you need not go to any other place to find Christ. It was this understanding that enabled Jesus to overcome the world. Furthermore, he claimed no monopoly on the Christ-power. He said, “The works that I do shall ye do also but greater works.” Is not the fulfillment of this promise the greatest reward we can receive for making every effort to find God?

The picture of the world, as it is today, is not a pleasant one but we cannot close our eyes to appearances and say they do not exist. We must expose a lie before we can turn the light of Truth upon it—exposure is necessary if we are to avoid evil in its hidden ways. Mrs. Eddy wrote in *Science and Health*, page 102, line 18, “The looms of crime, hidden in the dark recesses of mortal thought, are every hour weaving webs more complicated and subtle. So secret are the present methods of animal magnetism that they ensnare the age into indolence, and produce the very apathy on the subject which the criminal desires. If she were writing these words today she could not give a better description of world communism and its deadly operations. The methods of “animal magnetism” that are so secret and subtle are the cunning and deceptive actions of those who pretend to be friends when every hour they are weaving mental webs so complicated and subtle that they are ensnaring the whole world into such a state of apathy that people become too mentally lazy to inquire into their secret ways of practicing iniquity. St. Paul was apparently right when he said, *“For we wrestle not against flesh and blood, but against principalities and powers, against the rulers of the darkness of this world; against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.”*

Jesus said the “elect” shall save the earth from destruction. The “elect” are known as the “servants of our God”—they are the spiritual workers who know how to pray scientifically and they are going to be the instruments of God in reducing the evil during the last days and bringing on earth the *“peace of God that passeth understanding.”*

### **SPECIAL ATTENTION**

This twelfth and final lesson is a partial reprint which I wrote on “Spiritual Vision” four years ago. I do not intend, at the present time, to write monthly lessons but to devote my time to those who need help with problems and giving individual instruction through correspondence. The world is experiencing the most crucial time in history. We (the Elect) must devote every moment through treatment (true prayer) to protect ourselves and others.

If you have a problem, write me about it and I will help you to solve it through treatment. Do not let the human mind deceive you into believing to you cannot afford financially to have help in solving problems. Spiritual help is more essential to the Soul than food is to the stomach. You must put into practice what you have been studying and learn how to prove “There Is Nothing But God.”



## LESSONS IN ABSOLUTE SCIENCE

By Vivian May Williams

Volume II – Lesson 1

*And if Christ be not risen, then is our preaching vain, and your faith is also vain. (1 Cor. 15:14).*

As the following inspired ideas flooded my consciousness, without premeditation, I felt as though I were in the presence of Jesus, the Christ—in reality, I was. Listen to the Voice as it spoke to me and receive the same illumination. All so-called problems must and will vanish in this light of Truth.

I am the Voice of my Father who has sent me to speak to all mankind. My yoke is easy and my burden is light because I do not carry with me the belief in a mortal selfhood. I know that I am the Word made flesh because in my flesh I have seen God. I am the power of God because there is no other power to manifest itself. I see God in the flesh because I recognize no other action but His taking place at every point in space simultaneously. I speak to you of Life, Love and Truth because I am all these and I know nothing else — they are my only Nature. You and I are One because there is but One and I, Christ, am that One — “I and my Father are One.”

I have no life of my own because I am the Substance of all alike. I can have no sense of a personal life because my life is the Universal Whole Substance.

My Father which art in heaven has already established me in His Kingdom of Truth right here in the manifest world. I, the Christ, do not have to leave my manifest body of ideas to be in heaven with my Father for my Father recognizes my spiritual form as well as my consciousness. All I need to do to be with my Father in heaven is to recognize His presence and assume that I am eternally with Him.

I have recognized and accepted His power and can exercise it with authority. Thus my Word becomes flesh and whatever my Power declares is instantly made manifest. I do not make demonstrations for my Father has already completed creation — I merely bear witness to His completed work.

My work is to reveal to mankind the riches of the kingdom which my Father has prepared for all who love Him sufficiently to search for Him and His kingdom. This is not Vivian May Williams speaking to you, for her body has no power of its own to speak to you. It is I the Christ, Who is speaking through the “Word made flesh.” My servant, Vivian May Williams, has heard my Voice and has opened the door of her consciousness to Me.

Do you hear my Voice? Do you hesitate claiming Me as your only personality? If so, Why? Have you not suffered the impositions of human sense sufficiently to leave all for Me, the Christ?—“Behold, now is the accepted time; now is the day of salvation”. Make your choice today for I, Christ, am your only deliverer. I will resurrect your consciousness from every problem if you will trust Me and leave all for Me.

Perhaps you have been searching for Me and have not yet found Me but where have you been looking? Have you been expecting to find Me without a body? If so, you have been deceived, because I have a body. I am the Word of God appearing in the embodiment called flesh. My body is necessary in order that I may reveal my power in terms of health, wealth, joy, and all that the kingdom has to give.

Because I, the Christ, and you, the Christ, are One Christ, the works that I do shall you do also. “Behold I stand at the door, and knock; if any man hear my voice, and open the door, I will

come in to him and sup with him and he with me.” I have never left the door of your consciousness and have knocked repeatedly for admission — but you have not heard My Voice because you have been listening to the voices of human opinions. You have sought Me through other personalities and have not found Me because I am within you. Had you not concerned yourself with world beliefs and problems I would have entered your conscious abode and spared you untold agony and anxiety. You have prolonged your day of salvation because you have not valued your own presence as the Christ presence. But this has not been entirely your fault because you have been deceived by the world of appearances. It has promised you all, but failed to reveal the actual truth about itself. It failed to tell you that there is no power in any of its so-called manifestations to relieve you of a single responsibility or to give you peace, power or plenty. The world cannot tell you about its deceptions because it is self-deceived. I, Christ am the only One who can give you light because I am the Light, which, your Father sent into the world to light your way.

Your Father has prepared a table for you within yourself. He has bade Me, the Christ to be your Host. Come! Let us walk into this banquet room together and sup with each other. Let us dine together in the presence of our Father and feast upon the blessings of health, wealth and happiness which He has spread before us right here in the seeming presence of the enemies called sin, disease and death.

You need not strive to rid yourself of such enemies — just listen to my Voice and when I knock let Me in. The light of my Presence will banish all darkness and you will be freed by the Christ instantly.

I am the only key to your kingdom — it is hopeless to try to enter except by Me, the Christ. You have the same key — why do you not use it? You have been given dominion and power over all creation — it is all yours through recognition and acceptance. The mere recognition of your Christ endows you with the power to draw upon the Substance of the Father's kingdom without reserve and to manifest anything which you feel is necessary for your good pleasure — thus your Word becomes flesh and dwells amongst us. Unless you claim that I am the same Christ working through you that worked through Jesus, I cannot open the door to the kingdom of God for you. You cannot do it by yourself for I am the Way.

Do you not realize how hopeless it is for you to seek the Father and His Kingdom without Me, the Christ?

You can expect all things through Me if you listen for my Voice and open the door of your consciousness when I knock.

And when your door opens, what do I behold?— I behold Myself, or your Christ power and my Christ power meet as One because Spirit is All. In the consciousness of this One Presence there is nothing we are to do for we have entered our Father's mansion where we feast together upon the bread of Life. We have let this Mind be in us which was also in Christ Jesus, and we will dwell in the House of the Lord forever.

## **LESSONS IN ABSOLUTE SCIENCE**

**By Vivian May Williams**

**Volume II – Lesson 2**

**QUESTION:** I understand, intellectually, that I am a spiritual being in heaven (a perfect state of mind) now but I do not seem able to make it practical. How can I make Truth more practical in my everyday life?

**ANSWER:** The difficulty in advancing from the intellectual belief of your spiritual nature to the realization or the truth of your being is the common trouble with every truth student. As you have probably all of your life accepted matter as a reality, you now have to make a change in your way of thinking. Instead of looking at the universe as a manifestation external to you, and upon your human life as a sort of passing through time to eternity, you have to stop such thinking and find eternity here and now. And you have to know that the spiritual universe, itself, is the spiritual man or the real consciousness of God. If you identify yourself with the Christ consciousness, your real spiritual Self, you will soon begin to know that divine Love (understanding) is the only Ego, Life and Mind that you possess. Nothing can possibly separate you from this limitless, harmonious consciousness except your clinging to the belief that you are a material human self. If God is the infinite “I AM” the only individuality, then it stands to reason that the human “I” does not exist. You must resist and conquer every belief in a material man and a material world. With patience, persistence, and faith, this human belief will grow less and its place will be filled with the consciousness of the Father-Mother God, which your real self reflects and expresses.

**QUESTION:** How do I proceed to get a realization of Truth?

**ANSWER:** To realize any thing, means to make it real to yourself. In practice, it means the denial or resistance of the unreal things that constitute lies about God and His creation. When you realize that the appearance of things such as sin, disease and inharmony of all sorts do not exist, you will also realize that the illusion cannot possibly be improved or dealt with in any way except to deny its existence. There is no method by which you can cause illusion, or nothingness, to disappear. The scientific way to treat any lie is to replace it with the truth or fact. The only way to rid yourself of the belief that you are material is to replace this lie with the truth or fact that you are spiritual. Your only mental work is to adjust your thinking — God has already supplied the answer or solution to every problem.

When you have convinced yourself that you are a spiritual being now, then you should not try to reason any further. Relax all mental tension by letting the action of God take place through your positive conviction, which is understanding. In proportion that you accept the divine Mind as your own Mind, you will find in it the healing Mind whose every thought makes whole and reveals harmony.

The demonstrations which you are seeking to bring about have already taken place. Doubt, anxiety and fear are responsible for all illusion or so-called “mist of matter” which hides heaven and prevent you from seeing the finished kingdom right here and now.

In the Lord's Prayer Jesus said, “Thy kingdom come. Thy will be done in earth, as it is in heaven.” The kingdom comes on earth when we replace the earthly sense of this world with the truth that this very world in which we live now is the only world that God ever created and it is heaven. We must stop dealing with two worlds if we wish to demonstrate the one and only kingdom of God over which we have been given dominion. As long as we carry on a warfare in our own consciousness between matter and Spirit; good and evil and heaven and earth we can

never expect to be at peace. You must silence all arguments of the human sense and trust God to reveal Himself in whatever form you wish to express. These are not mere statements of truth — they are scientifically proven facts. If I were not able to demonstrate these truths for myself, I would not be able to tell you how to practice them yourselves. You need not take my word for it but put into practice what I am telling you and you will prove for yourselves that the kingdom of God is just at hand.

One of the proofs which we have that we are living in heaven is this — If anything seems to be going wrong in this world, and you can get a clear realization of what is actually taking place in heaven (which is here), the action of God, or Truth, will dispel the so-called “mist” or problem and you will see the perfect manifestation as it exists right here on earth. Can you see the simplicity of doing your mental work in Absolute Science? It is laborless, because you do not have to contend with a power called evil — you have only to deal with God and base all of your thinking upon God and His perfect man which you are?

QUESTION: How can you say that there is no evil when we see evidence of it all around us?

ANSWER: To say that evil exists as a power is to deny God as the only power. For anything to have power over man, it would have had to precede man. Evil had no apparent existence or power until man, himself, accepted the belief in a power opposed to God. Therefore, evil is not a power but simply a false belief which man entertains in his own imagination. And since man is responsible for the false belief in evil, he can rid himself of this so-called power by simply refusing to believe in it as a power. Treat evil just as you would any other problem by rejecting the lie every time it comes to mind. If you refuse to believe that evil has any power other than that which you give it by believing in it, you will soon free yourself from the various forms in which it seems to manifest an evil power. You will free yourself from the fear of disease, lack, inharmony of all sorts: sin, old age and death, to mention only a few of its so-called evidences. To rid yourself of the one basic lie, called evil is to rid yourself of the mental worry that causes you to constantly deny and work to overcome something that has no existence. You can not possibly understand that God is the only power and presence, as long as you entertain the belief in another power opposed to God.

Furthermore, you cannot deny evil out of existence by simply saying you do not believe in it. Too long have students been saying “there is no evil” without knowing why they said it. You must understand the Allness of God and the nothingness of evil for yourself and all by yourself and not just because someone else has declared it. It is that which you realize in your own consciousness that makes up our demonstrations. Stop believing in evil and it will cease its apparent existence for God is All.

## **LESSONS IN ABSOLUTE SCIENCE**

**By Vivian May Williams**

**Volume II – Lesson 3**

I am the Truth, Christ, the Voice of the Spirit which speaks to you direct from the kingdom of heaven. I do not voice words in order to make you free but I speak the truth from the basis of Truth which is the center and circumference of your very being.

Truth is God, eternal Good, in whose very substance you live and have and have your being. Do you believe this? If you do believe my Word you will have faith in yourself and your fellowman as well as your Creator.

Two thousand years ago, I, the Truth, spoke through Jesus and he heeded my warnings. He gave me his heart as well as his mind and I endowed him with power to overcome the world. Every manmade law was subject to his command and his Word was authority because I was that Word.

Today you have radios which enable you to broadcast and receive communications from the four corners of the earth. Do you think for a moment that your mind is more limited than a radio? Do you not realize that when you harmonize your heart and mind with mine, that your power and mine blend as one, and you can broadcast your Word from your own mind and direct it throughout the world?

Jesus was impersonal and selfless — he worked for the glory of the Creator, that His gifts might be seen and enjoyed here on earth. If you are selfish and want only the things that God has prepared for you without giving Him first consideration in all your acts, then you are not worthy to be called His Son and you will deprive yourself of the kingdom. “I am the Truth and you cannot exploit Me for selfish purposes. Hypocrites use my words for personal gain and to be heard for their much speaking” but I have already said, “they have their reward.”

Lend me your consciousness and I will use you to speak the Word to the uttermost ends of the earth. You will not need a radio set in order to contact all you need, for your mind is both your receiving and sending instrument. Your mere recognition of my presence is sufficient to guarantee everything you desire — my very presence is the substance of everything you hope for. Do you believe this? Jesus believed my Word and I made him a ruler and savior. You, too, can have your own kingdom of expression with perfect assurance that your will be made manifest without doubt or anxiety.

What do you think you lack or need? Is it health you desire? – where have you been searching for it? Do you think health is confined to flesh and bones or a physical body? Is the radio wave confined to the instrument? Have I been so long with you and you have not observed Me working in and through your mind, body, and all of your affairs? Has it never dawned upon your consciousness that I AM your health?

My power is whole, changeless invigorating and inspiring. My power is never subject to confinement through such a falsity as disease. Who ever created such a lie since I am the Truth? My power is the only creator and I know nothing of disease. Instead of constantly struggling to free yourself from such miserable lies about Me, why do you not accept my Word of Truth and believe Me when I tell you, you are free now?

When I speak this truth to you I am broadcasting my Word direct from the center of my Father-God where every living creature dwells eternally. At this very instant you are with Me in heaven, but perhaps you do not realize it as clearly as I do. Why? Because I am selfless so far as

my personal ego is concerned. I acknowledge but one Power and Presence and I assume that it is my own as well as yours and all others — thus I can truthfully say, “I and my Father are one”.

My power and presence are equally present throughout infinity. Mary recognized Me in a manger when I manifested Myself as Jesus. You will not find Me in a castle or church structure any more than you will find Me in a dungeon or in hell. Until you can find Me in such places, despite appearances, you have not yet known my nature. Unless you can acknowledge my presence in the appearance of death, you have not yet found Life.

Unless you can witness the presence of abundance that surrounds you on every hand, you have not discovered my substance. You repeat words of abundance and supply, thinking they will add to your purse of material storehouse – but words will not entice Me nor change your Christ stature.

Do you not believe that God created you in His own image? If your answer is in the affirmative, then why is it necessary to employ methods that have been used by unbelievers? Did I not say, through Jesus, that “faith without works is dead”? You must show your faith in Me by acting as though you believe my Word.

How long have you been searching for Me and have not yet found Me? And yet — I am your very seeing, hearing, feeling, tasting, smelling — all your senses are mine. All you need do to be in my presence is to close your eyes upon the manifest world and see Me and all things without eyes. Hear my voice without physical ears and feel my presence through an understanding heart. Love everyone because I first loved you. Had I not expressed my love for you, you would never have known what love is. It is really I, the Christ who expresses all the love you feel for others. I am your intelligence — I do your thinking. I am your inspiration and breaths for you. I speak through you.

When my voice is distorted and you hear unpleasant expressions, it is because your mental instrument is not spiritually adjusted to mine. Because you allow yourself to be swayed by human opinions, and you judge your own life and others by what your eyes see and your ears hear, the static of mortal sense disrupts my voice of Truth and you do not believe the Christ is speaking. But despite your belief, I am the only speaker. If you will believe my Word whenever you hear falsities voiced, the acknowledgement of the presence of my Voice as being the only Speaker will dispel all illusion that there are separate speakers to voice lies. My Word is Truth and Truth is the only Speaker. Any apparent voice that says, “I am sick”, “I am poor”, “I am unhappy” is mortal static that would drown out my voice of health, abundance and freedom as I seek to broadcast these qualities through you.

At this very instant, you can find yourself in heaven with God by merely assuming that glorious attitude of freedom. Is it too good to be true? If so, why? Because you have been deceived by appearances so long that it has become mesmerizing. You want the kingdom but you believe you must work for it. Your Father said it was His pleasure to give it to you — why do you not accept it? I say to you that I am the Truth and I have already set you free. My Word is God, and God has spoken to you today through this lesson.

## LESSONS IN ABSOLUTE SCIENCE

By Vivian May Williams

### Volume II – Lesson 4

“I am come that they might have life, and that they might have it more abundantly.” Thus, the Christ, Truth, spoke to humanity through the personality, called Jesus, two thousand years ago. What does it mean to have life and have it more abundantly? It means that I, Christ, came to your attention revealing to you the fact that you can have, right here on earth, everything that is necessary to make up a happy existence. It means that you can have more than is necessary to meet ordinary circumstances — you can have abundance. Why? Because I, the Christ, Truth, am the abundance of understanding which is the substance of all things hoped for.

St. Paul said, “My grace is sufficient for thee: for my strength is made perfect in weakness.” Why was Paul's grace sufficient for others? Because grace is the action of God and this action is no respecter of persons — Paul's grace or activity is also your activity. And why was his “strength made perfect in weakness”? When you discard the false beliefs that would infringe upon your inheritance as the Son of God, you will have overcome your weakness. Then your apparent weakness becomes your strength because you have laid down all for Christ. When you realize the distinction between your personality, called the manifestation, and the Christ which you really are, you will begin to act like the Son of God. Your rightful heritage will begin to appear to your sense and sight because you have appropriated the kingdom of God as your true dwelling place.

Is it difficult to adopt this new realm of life when you have been deluded for so long, you may ask? Christ, Truth, answers by asking you some questions. Is it hard to be that which you are already? Is it hard to reach the kingdom of heaven when you have never left it? Do you have to adopt manmade methods and rules to solve your problems when I tell you you have always lived and always will live in God where problems do not exist? I, Christ, say to you you are free now. I am the Truth speaking to you and my words proceed from the great Fact, Spirit. My grace that is sufficient for all is not dependent upon words — it is my Father's power that transcends every manifestation, including words.

My grace is active and powerful in its complete stillness — it is my Father within that knows my needs and all the answers without having to be told or requested. Do you believe that all conditions, demands and requests are subservient to you? If you hesitate to reply in the affirmative it is because you have not accepted my grace as your grace.

When I, Truth, spoke through Jesus and claimed, “I am the way, the truth, and the life; no man cometh unto the Father, no man cometh unto the Father, but by me.” I was referring to the “I” or Ego of you as well as myself, for you and I are one Christ power. You can reach your Father only by claiming that His power is your power. Thus you reach Him “by me” because I, Christ, open your eyes to the truth and the truth reveals the fact that you and your Father have eternal, uninterrupted communication.

And did I not say to Thomas, “If ye had known me, ye should have known my Father also; and from henceforth ye know him and have seen him”? And why have ye not known me any more than Thomas? Because you have not looked beyond form or identity — you have judged by appearances rather than by my power which is the Father. If you could see the power of God, which creates and manifests all things, you could also see Me, because I am that Christ power. Jesus understood and believed me when I, Truth, revealed his own power to him. He appropriated

the Father's power within himself and proved his faith in his own power by his actions and manifestations.

Others called his works miracles, but Jesus knew he was using the natural laws of God. He dared to act out his firm belief in himself as the Son of God, despite the unbelief of those not yet awakened by Christ — they were asleep in their own ignorance.

Is not the grace or power of God sufficient for you? Would you ask for more than All, since God is all? If you have all of God do you not have sufficient health, wealth, joy, peace, etc. to enable you to live an abundant life? Then why do you ask the Christ to reveal more to you? Because you listen to false beliefs based upon the appearances of a dream world.

If you strive to realize that you are now living in luxury with God, there will be no room for as much as a belief in lack. Your Christ power is not created, perpetuated nor set into motion through any thinking of your own. It, subsists within God, as the action of God because it is God. Can you expect to add anything to your already complete kingdom through lip-service or petitions? Do you not realize that to know Me, Christ, is to know your Father? And to know your Father is to know your own power? And to know your own power is to gain dominion over the earth? When you have gained dominion, you have the spiritual perception of your Father. You hear with spiritual ears because understanding is your true hearing. You see with spiritual eyes because the power of God enables you to perceive, and His perception or vision is your real eyesight. Analyze every part of your body and you will find that each and every organ represents a spiritual idea “hid with Christ in God”.

Thus you will be able to discard every false belief and so spiritualize your thoughts of yourself that you, too, will be able to declare “I am the way, the truth and the life. I am the way” because Spirit has its identify or way of expressing its ideas. Because I am seen as form does not separate me from the power which I am. Light, heat and power of electricity are one, are they not? “I am the truth” because truth is the fact of Life. Truth is the way I am, without having to make any mental effort to become so. “I am the life” because life is God in expression. Life embraces all manifestation — nothing can be added to it nor taken away from it.

Are you as ready to be still and know yourself as you are always willing to be still, be still and know God? Then act upon your willingness.

Close your eyes and be still. Accept yourself as the Christ power of God and not as a physical form. Be satisfied to be just what you are without any changes. If you could change the power of God, where would you begin? Have you ever seen electricity itself? Have you ever seen the power of God? Of course not. You only know God by the manifestations visible to sense and sight. Would you like to see yourself as the Christ or true Son of God? If so, you must assume the attitude of the spiritual man that God created and gave dominion over the whole of creation. You are now their heir to heaven and earth — go forth and act in faith as Jesus, the Christ, acted.



## **LESSONS IN ABSOLUTE SCIENCE**

**By Vivian May Williams**

### **Volume II – Lesson 5**

Christ Jesus said, “Your Father knoweth what things ye have need of before ye ask Him.” Do you believe this? If so, why do you ask God to do more for you? If your Father knows what you need before you ask Him, why do you even attempt to tell Him your needs and desires? The Christ, Truth, answers these questions by calling your attention to the very foundation of your Being. If you have a kind and loving so-called earthly father, do you have faith and confidence in him? Do you believe that he is constantly aware of your needs and desires and that it is his pleasure and satisfaction to carry out his ideas for your welfare and support? Knowing that he is at work for you, whether you are aware of all his moves or not, you just leave it to him to do whatever is best for all concerned. But how about your heavenly Father? You may declare that He is changeless Principle and is all Intelligence, and yet you pray to Him to alter His course of action if it does not suit your desires, and you attempt to dictate to this all Intelligence with limited human sense.

Your reason for deviating from the path of Christ is this. For eons of time man has been deceived into believing that the personal ego could do as it pleased and could direct God at will. It forgets that “God created all things for His own good pleasure” (Rev. 4:11) and that the world of creation is God’s playground where He enjoys Himself. Man, in turn, will enjoy this same pleasure just as soon as he relinquishes all belief of himself as a separate selfhood and just lets God act.

Why do you pray at all? The answer is simple. You pray because you cannot help it. Prayer is an acknowledgement of Christ, Truth. Truth is always turning to God in contemplation of Itself because Truth cannot contemplate anything contrary to its own nature — this appears as prayer. Your real Self is always thinking of God and heaven because your real Self or Ego is God. Since God is all, He cannot think of anything outside of Himself. Error is outside the scope of Spirit because Spirit fills all space. Since there is no place for error to be or to go, then it is quite obvious that it does not exist. Then, in your prayers, why do you plead with God to remove that which is not there? Can you not see that you are wasting time that you might spend in acknowledging Him in all ways?

Again, you may say, “But I want more than anything else to be able to keep my mind stayed on Him — how can I accomplish this?” First of all, you must be selfless. You must want to manifest perfection because you want to reflect God’s nature. You must do the right and proper things because that is according to Principle. You must not adopt the truth because you want to use it for selfish attainments. Your religion is dependent upon your understanding of God. If you do not understand your nature you cannot profess to know God, no matter how much you patronize or support a church.

The word “church” has been defined as “the structure of Truth and Love; whatever rests upon and proceeds from divine Principle.” Again I say, if all your words and actions do not proceed from divine Principle, then you have no church in the real sense of absolute Science. Christ, Truth, speaks from the basic Fact of Life called God; therefore every word that proceeds from the mouth of man must be a scientific fact, otherwise it has no place in the realm of Spirit called heaven.

Because man has believed that there are two of him (a material man to be dematerialized and a spiritual man in God's image) his mind has fluctuated between beliefs and realities. No wonder it takes so long to discover the truth about himself. There is but one way to freedom and that way is safe and sure and can be realized now. You are the only one who can dematerialize your own human beliefs because God cannot rid you of anything He knows nothing about.

Therefore, you can and must dematerialize your belief in a material man right at this moment by refusing to believe that there are two of you. Resolve right now to accept yourself as the man God created and refuse to ever associate anything with yourself that you cannot associate with God.

If, when you pray, you say, "Please, God give me more health, money, or whatever you desire," you are really not praying at all. I have told you that prayer is an acknowledgment of facts. How can you ask for more when God has already endowed you with His kingdom of ideas? Help yourselves as God's heirs, but don't become beggars. Jesus did say, "Ask and ye shall receive," but he did not say to ask for things. When you recognize the fact that your body or manifest world stands in the same relationship to your Soul as your Soul stands to God, then you are in a position to demonstrate this fact. Then when you "ask" you are acknowledging at the same time. First you acknowledge the presence of your true identity or Soul and its relationship to God. Then you "ask" this presence and power to express or identify Itself as health, wealth, or whatever the human sense thinks it lacks — thus you do not "ask amiss".

But if you ask for conditions to be changed, or for things to be added, you "ask and receive not because ye ask amiss?". The Christ deals with God and nothing else because there is nothing else to deal with. When you recognize yourselves as potential Christs, you will be well on the way to ultimate fulfillment of these words spoken by Christ, Truth, through the man, Jesus: "For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatever he saith. Therefore I say unto you, what things soever ye desire when ye pray, believe that ye receive them, and ye shall have them."

If you have any complaints against the working out of your problems, it is because you have been "asking amiss" instead of coinciding your appeals with a changeless Principle. You may say, "How can I be sure that I will receive the things I desire?" You can be assured because you already possess the "substance of all things hoped for". Everything you desire is embraced within you — you must release it through the acknowledgment of its presence and fulfillment. If you believe you possess the Christ power of God, you can move every mountain of false belief and cast it into the sea of oblivion. But if you doubt your Christ-Self you may as well close your books and your lips and remain silent until you have resurrected faith in yourselves.

## LESSONS IN ABSOLUTE SCIENCE

By Vivian May Williams

Volume II – Lesson 6

**NOTE-This is same as Vol 1 Lesson 10 and note that the formatting is different in each as far as italics and both correct.**

“The kingdom of God cometh not with observation: Neither shall they say, Lo here! or, Lo there! for behold, the kingdom of God is within you” (Luke 17:20,21). This was Christ’s answer to the Pharisees when they asked “when the kingdom of God should come”. Every truth student may learn a lesson from Christ’s reply. Just suppose you, personally, asked Jesus Christ this same question and he gave you the same reply — how would you interpret his reply? After all, the Pharisees represented the doubting mortal mind of that period and today there are equally as many Pharisees who question the Christ, Truth. In fact, each and every individual has a pharisaical human sense with which he must contend until the belief in a mortal or human mind has been totally dissolved by the truth of Being.

If you will analyze every question that arises in your mind, you will find its complete answer. The answer to every question or problem precedes the question — otherwise there would be nothing to question. Since this is an established fact, why not spend your time in analyzing the answer or basic Cause, rather than wasting precious time questioning the Christ and making yourself one with the Pharisees who constantly doubted the Truth? Why not accept your individual Christ and resign your body and all of your affairs to his government?

You may wonder what will happen if you do this and question whether or not you will demonstrate the things you desire if you stop thinking about them. This is what actually happens when you stop trying to demonstrate and turn your affairs over to Christ. First of all, you relax the mental tension that prevents your mind from being a perfect reflector for the gifts God has prepared for you. When you ask Christ to take over and govern your life you have set Substance into motion, for your faith in Christ is the “substance of things hoped for”. You must be as simple as a child and willing to be led by the indwelling Christ, Truth.

Highly intellectual arguments and technical terms hinder your progress because you can become so involved in the dead letter that you fail to discern the Spirit. Did Jesus not say that the truth was “hid from the wise and prudent and revealed to babes”? Is there any record of his making long speeches in order to prove that the kingdom of God was within himself — within reach of his own conscious recognition? He said, he could do nothing of himself but the Father within did the work. Then just what did Jesus do in order to demonstrate his constant contact with the Father? He acted as one who should and will act when he has confidence in his own conscious God power.

If you, too, believe a thing is right and true, you will act upon it and not merely talk about it. Have you sufficient faith in your Christ to stop trying to demonstrate? I can never stress this one point sufficiently and that is that a demonstration is a revelation. God cannot reveal His finished kingdom to you until you learn to calm the anxious thoughts that prevent a perfect reflection.

You do not create the negative thoughts that constantly come to mind; therefore they are no part of you. You might call them high-tension currents similar to radio waves that you contact if you allow your mind to dwell upon the material world with its conglomeration of problems. But when your mind is stayed on God, the Christ, or a heavenly world your mental radio is so divinely

attuned that only the kingdom of health, wealth, joy and success can be broadcast to you. You do not have to get rid of inharmonious conditions any more than you have to get rid of certain broadcasts that are not pleasing to you. All you need to do in such instances is to alter the dial on your radio and adjust it to the program you wish to hear. In this sense you adjust your mental dial by thinking of God. In this same sense you adjust your mental dial by thinking of God.

Practicing the presence of Truth is just as simple and effective, as turning the dial on your radio. You have your choice of either keeping attuned to the thoughts of a material world and a material man full of troubles, or harmonizing your consciousness with the “kingdom of God which is within you.” If you keep attuned to God, no so-called outside influence can interfere with you for nothing can manifest in life unless it can first enter your mind. It is quite obvious that if you strive to keep in tune with God you will not have to take thought about a single thing. You may wonder what you should think about, for you cannot just sit and think about God unless you have some idea of His nature. My advice to you is this: Take one of His aspects such as Life, Love, Truth, Intelligence, Soul, Spirit, Substance, Mind — and analyze it until it becomes a reality to you. If you have to contemplate one aspect for weeks at a time, it is worth your effort.

God is the only one who demonstrates or reveals Himself when man’s consciousness is calm enough for God to reflect Himself. This receptive state of mind is attained by consciously and actively thinking of God and heaven and not through the “silence” which in most cases is a negative state of mind. There is but one true, “silence” and that is the silencing of human sense through active understanding. I have never endorsed the “silence” as practiced by many advocates of Truth because it encourages mental laziness.

Since you cannot think of good and evil simultaneously, it stands to reason that when you are thinking of God and trying to form a true conception of Him that evil thoughts cannot enter your mind. And if you prevent their entry, you will be kept in perfect peace because your mind is stayed on Him.

You may say, “If I stop trying to do anything, I will be just an automaton — then what sense is there in my even trying to learn about God?” I was foolish enough to put up this sort of an argument until Truth revealed itself to me. And please bear this in mind when you are trying to bring something into manifestation. You cannot have a single thing revealed to your sense and sight except that which you realize is absolutely true. A thing must be a part of you before you possess it as an actuality.

Now let us go back to Jesus’ reply to the Pharisees and realize that his words are applicable today. If the kingdom of God is within you, then you do not have to do a thing to bring it to yourself, do you? If heaven is already within you, then you do not have to go to heaven to find happiness. Your only work then is to assume the attitude that you have already received all and it is up to you to keep your mind so stayed on your kingdom that it will be reflected in tangible forms for your happiness and use.

Your mind is your kingdom or realm of all of God’s ideas and they are instantly available if you will acknowledge every idea that comes to you as a tangible object. For instance, an idea of a rose is the real rose because the idea is tangible to the mind that conceived it.

How very simple the truth is when we do not delve into a so-called material world and try to solve nothingness! The fact is that everything we witness by means of man has already happened in heaven and all we see is the revelation or unfolding in consciousness.

## **LESSONS IN ABSOLUTE SCIENCE**

**By Vivian May Williams**

**Volume II – Lesson 7**

As you read this lesson, I want you to realize that the Christ, Truth, is speaking directly to your individualized Selfhood from the Source and Substance of your Being — your Father-Mother God. Do not merely read this statement but contemplate the depth of substance that underlies it.

What is your individualized Selfhood but God, substance, Itself? Whatever Christ, Truth, speaks to your individualized Selfhood it must be true because the Christ is God's Consciousness. The Christ is always speaking to you. Are you listening to the facts of life or are you listening to the human sense that thinks only in terms of manifestation?

Have you ever sat down with the one intention of getting a clear realization of God? Usually when one tries to contact God, it is because he has a problem to solve or something he wishes to acquire. But, have you ever tried to feel God's presence for the sheer delight and satisfaction of knowing Him alone? If you have not been seeking Him just because He is all there is to you and of you, then you have not yet lived — you have merely existed.

When you realize (make real to yourself) the fact that the power of God within you causes you to think of Him, then you have started from a true basis. Contemplate this last statement and try to think beyond thoughts — think of the stillness of the power that causes you to think. When you can accomplish this, you will find it very easy to silence human reason and to “Be still and know that I am God”.

While you are contemplating God, you cannot think in terms of a manifest world. God is unformed Substance out of which all things are revealed through Self-realization. When you observe a great dynamo at work you cannot see the power that operates it. If you wish to know the truth about the dynamo, you must think in terms of power and not about the manifestations your senses behold.

We might liken God unto a great dynamo that generates the power that sustains our bodies and, all of our individual manifestations. That which each one manifests through self-realization constitutes his specific world — thus each one lives in his own world. Some are satisfied while others remain in delusion and misery, and yet each and every one has access to all of God's power.

The reason why it is so difficult for some people to alter their circumstances and solve their problems, it is because they are unable to stop thinking of the manifested world. Let me tell you how to accomplish this. Remember, it takes practice and persistency because the belief in a human sense has dominated your life for a long time.

First of all, you must be alone with God. Begin by realizing: “Now I am in the presence of God”. I am in the presence of the Power which enables me to know that I am now one with my Father-Mother, God. I am not thinking but God is knowing that I know because He is the individualized Christ, Truth, in me — thus, “I do all things through Christ who strengthens me”. I live in consciousness because I live in Mind, God. The world would have me believe that I am a personality, subject to manmade laws, but that is not true. I live in the Power and Presence of God. In His Presence there is no disease, because His Presence is eternally at perfect ease. In His Presence, there is no inharmony because His consciousness is the only world in which we live. In His Presence, there is infinite supply because I supply myself with God's ideas through my Christ

consciousness. Things are ideas as they subsist in God, and I know they are mine to use because this is spiritual law. The acceptance of my inherent God power opens my consciousness to receive the kingdom. There are no outside individuals to assist me — I am alone with God. Only God can give to me, or govern me, because He is the Source of all I do, have or say. If I look to individuals or the manifestations of this apparent world for pleasure I find delusion, confusion, deception and lack. I must “dwell in the secret place of the most High” if I wish to keep my poise and peace. The moment I allow my thoughts to drop to the level of the manifested world, I have closed the door upon Christ. Everything I ever hope to attain subsists now in my God-power.

Need I tell God how to bring about the desires of my heart when He created me without any assistance? Does He not constantly reveal infinite beauty, joy and happiness to me if I have “spiritual eyes to see and ears to hear”? I can close the human sense of eyes and ears to the manifested world and still see and hear the glorious manifestations that dwell in God — these unseen objects of creation are realities. The Power to see and hear the unseen is my real Self — it is my true existence as I “live, move and have my being in God” without doing anything but think of Him and how He does all by means of his individualized Self, the Christ. Jesus knew this and demonstrated it. Instead of looking upon my body as a manifestation of flesh and blood that must be laid off before I reach the kingdom of pure consciousness, I see my body as an out-picturing of the compound idea, the Christ. I bless and praise each part of my form because each organ represents a combination of ideas that God reflects for the purpose of giving me joy and satisfaction.

Because I remain in the unseen kingdom of God, the misfortunes of the material world cannot touch me because I am not in the world. By keeping my mind stayed on God, only the things of God can be revealed to me. I contemplate His Love, and love is reflected to me in the realm of manifestation. I feel the Life which enables me to express Truth. I am aware of Intelligence, and thus I contact the manifestations that feed the intellect and give me joy. I know that my Soul is my individualized Ego, and it sustains my world without any conscious effort on my part because It is God. All I need to do is to establish this fact, once and for all, and trust its perfect action. I contemplate my Substance as Power and know it is ceaseless because it is God. The nature of God is to give without any sense of getting. And yet, by giving, God gets all, because He gives to Himself. If I did not give generously and abundantly of my nature, I would deprive my Soul of its expression and the result would be lack and misery in all my manifestations. And so, in my giving I know I am giving to myself. I know I cannot lack or deplete my substance in the least because my supply originates in God, is given to me to use (not to keep or withhold) and to pass on.

Thus in passing on my money, love, consideration or whatever the case may be, I am returning to the Infinite that which was given to me for my expression. When I have used and enjoyed my substance, I return it to God by means of my fellow beings, and it is returned to me repeatedly — because God is my changeless, unceasing Supply. Thus, I am as infinite as God is Infinite. I am self-sustained and self-reliant because my only Self is God.

## LESSONS IN ABSOLUTE SCIENCE

By Vivian May Williams

### Volume II – Lesson 8

Let us turn back the time-table and sit down with Jesus and his disciples upon the Mount of Olives, and listen to the Christ speak. Let us listen to the voice of Truth as it is recorded in St. Matthew 24, and let us watch with the wisdom of the servants of God for the revelation of Christ at the present time.

The Christ is again calling our attention to that which Jesus gave us two thousand years ago. Had his vision and wisdom been heeded and practiced, the world would not be experiencing its present turmoil. Read carefully every verse in the twenty-fourth chapter of St. Matthew and see how the present world experiences parallel the vision of Jesus as he sat upon the Mount of Olives. Let us search the depths of some of these verses in an effort to align ourselves with Truth and exercise our Christ power — this is the work of true disciples, the Elect.

As Jesus sat upon the Mount of Olives his disciples came, saying, “Tell us when shall these things be? And what shall be the sign of thy coming, and of the end of the world?” And Jesus answered and said unto them, “Take heed that no man deceive you, for many shall come in my name saying, ‘I am Christ; and shall deceive many.’”

The Christ, Truth, speaking through Jesus was a state of consciousness. It was and is an exalted state which rests in God, the Father, and transcends all material structures and organizations. That is why Jesus said, “There shall not be left here one stone upon another that shall not be thrown down.” When Christ is risen in your consciousness, you overthrow every material belief and manifestation upon which you have ever relied. And you will do it without effort, for Christ is established eternally and does not have to make an effort to become that which has already taken place. When you hear religion being exploited and various institutions claiming to be the highest and best, remember what Christ spoke through Jesus’ lips: “Take heed that no man deceive you. For many shall come in my name, saying, I am Christ; and shall deceive many.”

At such an hour the Christ in you will rise up and declare: “I am now the embodiment of the compound ideas of God. No man shall deceive me into believing that I lack that which I have inherited from God. If the Christ were not as present with me at all times as he is with those who profess to have a monopoly on truth, I could never even respond to their ideas because there would be no harmonious note between us to respond to each other. Then how can one pretend to have or give to me that which I already have?”

Can you not see how easy it is for the world to deceive you if you lend a willing ear and heart? “And ye shall hear of wars and rumours of wars. See that ye be not troubled for all these things must come to pass, but the end is not yet.” Why did Jesus say, “All these things must come to pass”? — There is but one answer. Because the mortal mind or human sense, both individually and collectively, must sooner or later experience that which it has brought upon itself through ignorance and false thinking.

We do not live in the world — the world lives in the consciousness of each and every individual. The world is to you exactly what you think it is. If you constantly look at a world of war and listen to “rumours of war”, you will keep yourself in a troubled state of mind. Jesus said “see that ye be not troubled.” You may wonder how you can keep from being troubled when your loved ones are involved, as well as the whole world. Your prayers for peace and security for those you love will “avail you nothing” unless you can withdraw yourself and those you wish to help

from the world of manifestation. Stop focusing your camera of divine Mind upon a distressed world if you wish to take a photograph of peace on earth, good will toward men. If every individual would make an effort to catch the vision of Christ, as displayed by Jesus, we would soon demonstrate the “peace that passeth all understanding”. I am not attempting to give you a new theory for there is not a single new thing under the sun. As we advance spiritually we catch glimpses of Christ ideas that have always subsisted in God. By holding to this vision of perfection, the undesirable things disperse themselves. Sickness automatically dispels itself and we behold the health that was always there. Now we understand why the only power evil has is to destroy itself.

When Jesus, said “these things must come to pass,” he evidently knew the world had to experience an upheaval such as we are witnessing because evil is destined to meet its own destruction. Everything that man has depended upon must and will vanish before he appreciates his own Christ power. Jesus exercised his vision and was not swayed by appearances — thus he overcame the world.

Every individual can save himself countless misery if he will do the same. The repetition of words will never bring about the vision of Christ — it is the persistent striving to know more of God and in treating your fellowman as though he were yourself — this is the Golden Rule. Why am I calling your attention to these verses with which you may be very familiar? Because I have caught the vision embraced in Jesus’ closing statement in verse 6, when he said “but the end is not yet”. You can read verses 7 to 14 inclusive.

We are entering a new world — a spiritual world. The “old man with his deeds” is being put off and we are about to take on new manifestations. We wrestle not against flesh and blood, but against powers that are visibly expressed by individuals. Old traditions are being broken down and “there shall not be left here one stone upon another, that shall not be thrown down”, as Christ spoke, by means of Jesus.

The same state of world consciousness that attacked Jesus, the Christ, and called him a “wine-bibber and a glutton” and sought to kill him because he befriended mankind, is still rampant in the world. If you and I are wise disciples of Christ, we will not associate this evil power with personalities but will see it in its true light as impersonal evil. It is nothingness claiming to have power to destroy and kill, to deceive and monopolize until Christ’s disciples rise in rebellion and allow the Spirit to be, heard here and now.

Are not verses 9, 10, 11 indicative of that state of consciousness through which the world is passing at the present time? Can you hold your vision and see beyond the personalities or leaders of all nations? If so, you contribute to Christ and are loyal to God. You are then one of those mentioned in verse 14.

This is no time for us to be concerned about manmade laws and rules. Truth is on the march and we are following our Christ straight into God’s kingdom where every nation is already united in brotherly love and understanding and the “government is upon his shoulder”. Let us who profess Truth keep united in consciousness and lend our spiritual power to those who have been chosen as the symbols of Truth to lead us through the “Red Sea”. This is our duty to God.



## **LESSONS IN ABSOLUTE SCIENCE**

**By Vivian May Williams**

### **Volume II – Lesson 9**

The time is at hand for each one of us to declare the whole truth about ourselves. We have been admonished to “Be ye therefore perfect, even as your Father which is in heaven is perfect”. Your “Father which is in heaven” refers to the primal element, Mind, which is the source of your being or existence. It is perfect because it is eternally in a state of harmony called heaven.

If we ever expect to demonstrate as perfectly as our Father demonstrates (proves Himself), we must think as consistently as He thinks — we must work only as He works.

Since we claim to be God's image and likeness, and accept all of His powers as our divine right, then we should establish ourselves in wisdom, health, and prosperity; for our demonstrations are dependent upon our consciousness of reality.

It is perfectly legitimate for one to claim that all that God is, he is also; but it is presumptuous for one to claim to have something of which God, Himself, is not aware. Every time one claims to have disease, poverty, unhappiness, unemployment, etc., he is claiming something that was not created by God. Such an individual is presumptuous, for he is presuming to have the power to experience conditions and circumstances not created by God. Is not this the answer to the question—“Why do I not demonstrate”?

When the individual realizes that he has no mind of his own to be aware of negative conditions, the illusion of “mortal mind” will cease.

Whenever you voice “I am” you should never associate it with negative statements such as “I am sick”, or “I am poor,” “I am unhappy”; for by doing so you become a house divided against itself. Since the “I” or Self of you is God, and God never can be associated with false beliefs, you simply carry on a warfare in your own consciousness whenever you apply a negative statement to your “I” or “Ego”.

Even though your experiences seem to be manifesting negatively, you are compelled to speak the absolute truth about your “I” or “Ego” which is God. “In all thy ways acknowledge him, and he shall direct thy paths” (Prov. 3:6). Are you acknowledging the only “I”, God, when you say “I am sick”, “I am poor”, “I am unemployed”? — or are you making misstatements about your “I” or Soul?

We should always follow the use of “I” with statements that are commensurate with God’s nature. Such acknowledgments as: “I am wise”; “I am healthy”; “I am prosperous”; “I am successful”, “I am active”, etc, are proofs of one’s understanding of Reality. To associate negative statements with yourself is the highest form of blasphemy. If you were to hear someone curse God, you would be horrified; and yet how many times do you deny His presence of all good? When you say “I am sick”, you discredit His completeness and power. When you say “I have insufficient supply”, you actually deny that the; “I” or Soul of you is God and that He is your substance or supply.

Jesus admonished us to “watch and pray” — what did he mean? He told us to watch our thoughts, and to be careful of what we think about the “I” or “us”. Negative thinking will never affect God in the least, but it does affect your demonstrations. You may spend hours each day thinking of the perfection of God; but what are you thinking about His manifestation, man? After all, it is your expression or manifestation about which you are really concerned. Then, be very

careful what you think about your identity or form, for it is your demonstration or proof of the presence of God.

God's creation is finished. He is creating no more. What we witness as creation is the unfoldment or revelation to our consciousness of the fulfillment of ideas before we desire them. We say, "Desire and fulfillment are one" — "Supply and demand are one". In order to be one we cannot admit two; therefore, it is the Supply, God realizing Its own self-sufficiency, that creates what we call desire or demand. Thus, Jesus said, "What things soever ye desire when ye pray, believe that ye receive them, and ye shall have them."

Let me make this statement practical, I shall put it this way: When you find, yourself desiring things, accept these desires as the fulfillment which precedes your desire or demand. Then as these tangible ideas come to your consciousness, you can truly say you "have received" — because they are Mind's ideas appearing in substance, color and form. Individuals are constantly looking at reality through the lens of desire, without realizing that they are actually looking at the real objects in heaven.

You may ask me why they do not demonstrate this kingdom that is passing through Mind like a panorama. The answer is very simple: To begin with, they do not believe that Mind is tangible. Furthermore, they do not believe that ideas are real objects; they believe ideas become objects which is not true. They do not accept the unseen realm of ideas as the kingdom of God within them, and they pray God to give them that which is constantly passing through their consciousness.

Cease looking at appearances. Turn your gaze within your own mind and behold the tangible ideas in all substance, color and that give joy and happiness to you as you bear witness to them and review the glorious forms which you "behold in the camera of Divine Mind". Your mind is the screen upon which your "I" flashes its images or pictures (you think in pictures). Whenever a beautiful picture comes to your mind, do not call it a day-dream or think it is something you merely desire: but realize that you are looking at Mind's manifestation. Claim these images of thought as photographs that the "camera or divine Mind" has taken of the fulfillment of things before you desire them.

"As mortals gain more correct views of God and man, multitudinous objects of creation, which before were invisible, will become visible." (*Science and Health*, page 264, line 13). When we acknowledge ideas as "immediate objects of understanding", instead of vague illusions passing through consciousness, we will have the "correct view" and the "multitudinous objects of creation", that we have been looking at and have not accepted, heretofore, as the kingdom of God within us, will be demonstrated, and we will have consciously contacted REALITY!

## LESSONS IN ABSOLUTE SCIENCE

By Vivian May Williams

Volume II – Lesson 10

How many times have you repeated “God is my supply”, and then failed to prove it in terms of the manifestations that are requisite to express a normal and happy existence wherever you may be?

I am inclined to believe that when one makes that affirmation, his mind instantly thinks in terms of money. And because he measures his supply in terms of money, he fails to demonstrate it and naturally wonders why Jesus proved that his supply was not confined to anything on this earth. He did not repeat “God is my supply” — he proved that he, himself, was his own supply. Does that statement sound strange? Perhaps it is a different idea than you ever considered before. I am not merely giving you a theory to ponder over — I am giving you facts which I prove repeatedly. Let me explain.

You should realize that God is the source of your supply but you are actually your own supply. When you consider the nature of God you cannot measure Him in any terms whatsoever. God is the Supreme Being of quality but not of quantity. Man or manifestation is generic, which means quantity. God being the source of your supply, you may say that He supplies you with the intelligence, wisdom and power that are necessary for you to conceive the ideas that constitute your supply. Once you receive an idea from God, you are then privileged to use this idea to increase your supply. God cannot give you more supply, for you are now all that He is. You are a being of quality—not, quantity and until you learn to think of yourself in terms of quality, rather than the quantity of earthly things which you think you need, you will always experience lack. You will demonstrate no more than you realize about yourself.

When you are asking for increased supply, does it ever occur to you that your very mind, which is God, is the source of your supply? Without mind you could not possibly know whether you had money or not. Perhaps God has endowed you with abundant health — is this not the supply that is required to enjoy all of His various activities? Perhaps you are very beautiful — is this supply not to be enjoyed and appreciated? You may be an artist or a musician — are these talents not a part of God’s supply? Perhaps you are a patient, loving wife and mother — is this not a rare blessing with which God has supplied you? You may be a most successful business man, and yet not have all the money you desire. Learn to be grateful for the intelligence of God within you which enables you to carry on your business, and you will open the door of your consciousness for an influx of prosperity. You may have a very unselfish, happy disposition, and yet no money. You cannot measure such characteristics in terms of anything but your heavenly supply.

Stop asking God for more. He has already given you all, so how can you expect more? You must bring your kingdom down to earth and analyze yourself. You must make up your mind that you are dealing only with yourself insofar as your manifestations are concerned. When you desire health, you must supply yourself with healthy thoughts — thus God becomes the source of your supply of health. He supplies you with healthy ideas, and in turn they reflect a healthy body. Do you not see that it is necessary for you to supply your divine Mind with whatever ideas you wish to experience not merely repeat words and then wait for Him to work out your problems? When this idea came to me several years ago I instantly put it into practice. I realized it was not according to Truth to ask God to manifest Himself in certain portions. I could see, as long as one

thought of God's supply in terms of gas and light bills, groceries, rent, clothing, etc., that he was dividing God's supply up in terms of the human sense and he was destined to experience his supply coming in limited amounts. But when you accept yourself as God's supply and realize that you are as much your supply as God is His own supply, you will demonstrate the truth of your being.

Instead of asking for mere trifles to meet your daily needs, why do you not accept God in totality (in a "lump sum" as I put it)? When this realization came to me I declared, "I accept God in one complete Whole". Since then I have never thought of my supply in terms of anything but myself as the Christ power or compound idea of God. Is this power not sufficient supply to give me the kingdom? I know it is, and prove it every day.

Money cannot be your supply or God would have used it to demonstrate Himself. Money is an idea or medium of exchange — it enables you to prove what is within you. When a miser hoards his money he announces to the world that he has no conception of his real source of supply.

One can never escape from himself, so he may as well be fair and honest with the whole world if he wishes to be true to himself.

Do not think of yourself in terms of arms, legs, skin and various organs of the body if you wish to demonstrate money or any form of supply? Think of yourself in terms of the quality of every idea that underlies every part of your body and your surrounding circumstances. If you will do this, you will so spiritualize your thoughts that it will be impossible for you to think of yourself or your experiences as a part of a manifest world.

You may wonder if this idea is practical in the face of every-day living. Do not forget that you are a spiritual being and unless you are thinking and acting according to God's way, you are not being practical — no matter what the world says. If you do have money, never deny the fact for the purpose of withholding from creditors or from legitimate spending. To deny your supply, is to deny the presence of Substance and sooner or later you will lack what you do have.

If you have sufficient for yourself, do not see lack in others. Do not say, "I have plenty, but he or she does not have enough", for remember the lack you see for others must first be acknowledged in your own mind. Always declare the same abundance for others that you claim for yourself, for in reality the other fellow is yourself and has as much of God as you have. Claim your divine heritage and act and speak with the same authority as Jesus spoke. Do not wait for some phenomenal thing to happen before you think you are good enough to perform miracles. You will never possess more power than you have within your consciousness right now.

## LESSONS IN ABSOLUTE SCIENCE

By Vivian May Williams

### Volume II – Lesson 11

I wish to call your attention to the fact that this world is heaven whether you believe it is or not. You may ask me to prove this scientific fact, so I will call your attention to further analysis. To begin with, a fact is truth, reality. A fact is that which has actual existence and is not subject to change. For instance,  $2 \times 2 = 4$  is an established fact. This world in which you “live, move and have your being” is a fact and it never changes — the human beliefs about it constantly fluctuate and give the appearance that the world is changing. The sooner we realize that this is a mental world, the sooner it will be adjusted. Whether one views this world as heaven, or sees it through a mortal or material concept, depends entirely upon his or her state of consciousness. The only way in which the individual can attain a heavenly state of consciousness, is by purifying his mind of all false beliefs. The Bible says, “Empty the old bottles before you put in the new wine”.

Students sometimes wonder why they do not demonstrate the things they desire — here is the answer. Health is an established fact. “Empty the old bottle” (symbolic of the human sense) of thoughts of disease, and you will find the substance or wealth of God’s own nature. Empty your mind of the belief that you live in a material world, and you will find your daily life taking on more heavenly aspects. In other words, when you clear away the “mists” of false thinking, heaven comes shining through to your sense and sight, just as objects reappear when the sun dispels a fog. You cannot fill a vessel that is already full. Then, bear in mind that while your mind is filled with disease there is no room for health. While poverty occupies your mind, do not expect to become conscious of wealth, for two opposites cannot dwell together any more than oil can mix with water.

The beautiful part of truth is this: We do not have to get rid of negative conditions, for they automatically dispel themselves as we cling to the truth about God’s world which we call heaven. Any problem under the sun can be solved by turning away from the appearances of surrounding conditions and realizing what you are actually doing in heaven with God. And when I say “in heaven with God”, I am not speaking of a locality that is governed by a personal God — I am referring to a perfect state of mind that is governed by God, for nothing can enter heaven except God’s thoughts.

This is my idea of heaven. I look about me and witness the many manifestations of beauty, joy, harmony and love, and I know they were created by God. And because they are here on this earth, I know heaven is here. Because these manifestations have forms, I know that heaven is a world of form. I think of spiritual beings having bodies or forms such as we see here because their bodies are essential identities. But I never associate thoughts of flesh with these bodies, for I see them as perfect mental forms.

Let me illustrate this point. I may tell you to think of a red rose, and your mind has instantly seen one with all the beauty and symmetry that you see in an objectified rose. Now, when divine Mind (God) beheld the first man in consciousness, he must have appeared with just as tangible a form as you see him manifesting today — he appeared in the same way that the rose appears in your Mind. But no human concept was placed upon this man and he was beheld as God’s own image and likeness — he was God’s idea of what man should be, and is. I am telling you this because you must not try to think of heaven without forms; for if you do, you will be

denying God's creation and, incidentally, you will deny yourself out of existence and demonstrate what you think, namely, nothing. This accounts for so many truth students being limited.

You must think of God's world as active as the one that surrounds you right now; **in** fact, you must spiritualize your thinking about this universe, and you will never have to go any place else to find heaven. Have you ever allowed yourself to think how wonderful it would be to live in this world forever if all of the sin, disease, and inharmony were removed? Just think of living here, expressing perfect health, and where no thought of disease or death could enter your mind because all earthly sense had been "clean dissolved", as St. John said. And to think of each individual loving every other individual with the love of God, and desiring to share all with each other. There are no changes in heaven for every idea is complete and perfect. For instance, flowers are not subject to growth, maturity and decay, but they bloom forever in all loveliness.

In heaven, when you think of a person you are in instant touch with him — when you desire to be with him, he also desires to be with you, for you both function with the one divine Mind, God. If you should desire to take a journey, everything that is necessary to complete that perfect trip will be there because there is no other power in heaven to oppose your journey. God conceives the ideas, gives them to you to enjoy, and they are returned to Him for his pleasure. Would you not be thrilled to receive an idea that you feel is essential to your joy and happiness, and to know that nothing could ever prevent it from coming to pass? This thrill of joy that you feel through thinking about it is the quickening of the Holy Spirit that gives life and animation to your ideas and reveals them to you visibly.

The consummation of mortal error is drawing near — we see evidences of it throughout the world. Error will continue to intensify itself until it destroys itself. To the materially minded people, this breaking up of old conditions will cause intense suffering until the so-called human sense is dissolved through spiritual understanding. Those individuals who are doing all they can to spiritualize their thoughts will "endure to the end", and will be able to protect others as well as themselves. Because they have purified their consciousness through treatment, or scientific thinking, the general disturbances of the world will not affect them.

Keep up your mental work, and make sure that you are one of those standing with Christ, clinging to the truth about the world. This fortification will prevent you from being influenced by the appearances of evil — and you will enjoy a constant unfoldment of spiritual consciousness. Here is a good slogan to follow: Be happy, make others happy, and watch God at work.

## **LESSONS IN ABSOLUTE SCIENCE**

**By Vivian May Williams**

**Volume II – Lesson 12**

NOTE:

This lesson concludes the series of Volume II. The troubles that are taking place in the world today were foretold by all of the great prophets.

Daniel said, “There shall be a time of trouble; such as never was since there was a nation even to that same time” (Daniel 12:1). Jesus referred to it in the same way when he said, “There shall be great tribulation, such as was not since the beginning of the world to this time” (Matt. 24:21). We cannot deny, that these prophecies are being fulfilled when we read our daily papers and judge by what we see around us.

In the Bible prophecies, the English-speaking races are known as the Israelites or “the Lost Ten Tribes of Israel”, and it is also pointed out that they will save the world through true prayer which is treatment.

The First and Second Epistles of St. Peter are written to the lost ten tribes, the symbolism of which is the word “stones”. In 1st Peter 2: 5, 9, and 10 we read: “Ye also, as lively stones, are built up a spiritual house, an holy priesthood, to offer up spiritual sacrifices, acceptable to God by Jesus Christ. But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvelous light. Which in time past were not a people, but are now the people of God; which had not obtained mercy, but now have obtained mercy”. The Second Epistle is of equal importance, for it tells of the end of all materiality and shows how the world, if left alone, would be destroyed, but how through treatment or true prayer the evil “shall be dissolved”.

Perhaps these prophecies will give you a greater appreciation for Israel, our land of freedom. And you should now realize that your study of Truth should not be for selfish motives but for a universal cause.

Jesus did not teach the truth to glorify himself his mission was to establish God’s kingdom on earth. He left us full instructions to follow, and gave us assurance that we could control material laws just as he did. If we do not apply his methods we have no one to blame but ourselves.

The sooner one realizes that he has no free will and is a victim of thoughts (vibrations) of the world consciousness, the sooner will that individual make every effort to learn how to treat or pray scientifically.

This is a mental world and problems cannot be adjusted until they are embraced in mind and solved there. But I can assure you the results are marvelous.

St. Paul pointed out that predestination is true, and gave us the solution to any evil that might be foreseen individually or collectively. In Acts 2:7-21, we read: “And it shall come to pass in the last days, saith God, I will pour out of my Spirit upon all flesh; and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. And on my servants and on my handmaidens I will pour out in those days of my Spirit; and they shall prophesy...And it shall come to pass, that whosoever shall call (pray rightly) on the name of the Lord shall be saved”.

Are you going to continue to be victimized by the mortal mind or predestined circumstances of the world? Or are you calling upon the name of the Lord in true prayer or

treatment? One of the greatest prophets of modern times wrote in *Science and Health*, page 213, line 27: “Mortal mind is the harp of many strings, discoursing either discord or harmony according as the hand, which sweeps over it, is human or divine”.

Let me explain this. In the same sense that the fingers passed over the strings of a harp, discourse either harmony or discord— according to one’s knowledge of the instrument — so does the human mind (harp of many strings) discourse either harmony or discord according to the condition of your consciousness. If you have sufficiently purified your consciousness through true prayer or treatment to be in tune with the science of being, your mind (harp) will not respond to the negative thoughts (vibrations) of the world. And if your mind does not respond to negative thoughts, you need have no fear of negative conditions; for thoughts and things are one and the same thing.

This explains a statement in *Science and Health*, page 234, line 26: “You must control evil thoughts in the first instance or they will control you in the second”. In other words, if you do not control the world thoughts of things, they will be manifested as conditions and you will then have them to overcome, which is not so easily done as “handling the thought in the first instance”. Solomon said, “That which hath been is now; and that which is to be hath already been” Ecc.3:15). This is just another way of saying that there is no time in mind, and what is going to happen in the future has already happened. And because these predestined events are thoughts, they have been “tuned in” on by seers and prophets just as our radios contact programs in the ether today. We have the benefit of being fore-warned by these great prophets, such as Jesus, St. John, Daniel, Ezekiel, Jeremiah, and many others. The Great Pyramid is a record of the world in stone, erected by prophets who were able to calculate thought scientifically, and foretell the future.

Are we going to waste time with petty annoyances, and overlook these scientific facts? Or are we going to devote our time to the purification of the consciousness, so it will not respond to thoughts or vibrations of the world? Remember this always: When you are treating or praying rightly, you have closed the so-called human mind so it cannot respond to evil. God and His manifestation is no longer a mystery; His nature called “name” in the Bible, and all the details of heaven have been discovered, and are capable of proof when you know how to treat or pray right. “Call unto me, and I will answer thee and shew thee great and mighty things which thou knowest not” (Jer.33:3).

In previous lessons, I have given you the fundamental facts of life. As you learn how to treat, you will have this experience: Your mind will become so alert and active that it will automatically reverse your thoughts without your having to give the usual concern.

The world crisis is taking place — these are the latter days and the battle of Armageddon is raging. All of the comforting theories about God and man will not save mankind or the world — nothing but true mental work counts now. Do not be like the foolish virgins who did not keep their lamps trimmed or filled with oil, and when the time came they could not even borrow. We must keep our mental lamps in readiness so we shall never have to borrow from another when our call to stand with Christ comes, for Jesus said it would come like “a thief in the night” — “in the twinkling of an eye”. He also said: “I must work the works of him that sent me, while it is day: the night cometh, when no man can work.”