## **CHAPTER 14 — RECAPITULATION**

#### **PAGE 495**

## Rudiments and growth

Question. — How can I progress most rapidly in the understanding of Christian Science?

- 27 Answer. Study thoroughly the letter and imbibe the spirit. Adhere to the divine Principle of Christian Science and follow the behests of God.
- abiding steadfastly in wisdom, Truth, and Love. In the Science of Mind, you will soon ascertain

#### **PAGE 496**

- that error cannot destroy error. You will also learn that in Science there is no transfer of evil suggestions
- from one mortal to another, for there is but one Mind, and this ever-present omnipotent Mind is reflected by man and governs the entire universe. You will learn
- 6 that in Christian Science the first duty is to obey God, to have one Mind, and to love another as yourself.

## **Condition of progress**

- 9 We all must learn that Life is God. Ask yourself: Am I living the life that approaches the supreme good? Am I demonstrating the healing power of
- 12 Truth and Love? If so then the way will grow brighter "unto the perfect day." Your fruits will prove what the understanding of God brings to man.
- Hold perpetually this thought, that it is the spiritual idea, the Holy Ghost and Christ, which enables you to demonstrate, with scientific certainty, the rule of healing,
- based upon its divine Principle, Love, underlying, overlying, and encompassing all true being.

# Triumph over death

- "The sting of death is sin; and the strength of sin is
- 21 the law," the law of mortal belief, at war with the facts of immortal Life, even with the spiritual law which says to the grave, "Where is thy
- 24 victory?" But "when this corruptible shall have put on in-corruption, and this mortal shall have put on immortality, then shall be brought to pass the saying that
- 27 is written, Death is swallowed up in victory."