

THE VALUE OF SHOWING HOW TO TREAT

otherwise, such as heat or cold, concussion or pressure applied to the nerves of the spinal cord, as practised by the spondylotherapists.

IMPROVE YOUR PATIENT MORALLY AND MENTALLY

When you have finished working against the specific troubles, then work so as to improve your concept of yourself and your patient morally and mentally, and work against the principal evils, ending by getting as spiritual an uplift as possible.

THE VALUE OF SHOWING HOW TO TREAT

In principle it is a mistake to write out a treatment for anyone, as the student is inclined to repeat it in training, and in that way make it a formula, a group of words which do not carry a sufficient meaning. In other words, when treating, instead of getting right away in thought to heaven and thinking only of God and God's perfect world, he is prone to wonder what the words mean. Treatment is actively thinking of God and heaven, of God's perfect world, the world of reality. The object in treatment is to get right away from all thought of the material world, so that one stops thinking evil, stops blaspheming God. The majority of religious people believe that "*God created man in his own image, in the image of God created he him. And God saw every thing that he had made, and, behold, it was very good*" (Gen. 1 : 27, 31), and yet they think that God's man has been so badly made that he is liable to evil of every kind. The best plan I have found is to give those whom one is helping the main principles, let them write out their treatment, then correct it. This can be repeated giving them more and more helpful points, until they are able to write out a full and complete treatment. In this way they gradually gain the knowledge of the words they use and yet, practically all the time, are actively thinking of the world of reality when they are treating.

When the war of 1914-1918, the material battle of Armageddon, broke out, there was no time to teach those going to the front to treat, and, consequently, I wrote "How to Protect Our Soldiers, or The Practical Utilisation of the Power

THE VALUE OF SHOWING HOW TO TREAT

of Right Thinking.” Many thousand copies of this book, a small volume fitting comfortably into the pocket, were sold and distributed throughout the army, and two abridged editions were given away in large quantities. In the book there were about one hundred examples of how to treat for various troubles, and in experience it was found that the book was of very great value. Even now it is largely used by people for the purpose of obtaining access to a more fully thought out method of treatment than that which they had worked out for themselves. At the end was printed a long letter, written for publication, from the Colonel of one of the regiments at the front, in which he gave, as he termed it, “details of the way in which help and guidance have been received by working in the way shown, whereby divine Principle, the Principle of good, invariably helps a man out of all troubles and difficulties, if he only thinks rightly.” In this book I gave the main facts of the world and showed how to treat. The method of reversing the thoughts, as set out herein on page 33 was also given, whereby every evil thought can be rapidly driven out of one’s mind, so that the mind dwells only upon the existence of the opposite good. I also gave in detail the method of treating against all the troubles which were likely to cause difficulties for a man at the front, such as cold, want of food, pain, wounds, high temperature, weakness, tiredness, frozen feet, and fear.

Many metaphysical workers have written saying that until they read that book they really did not understand the proper method of treatment, and made many mistakes.

Later on I found that books were being printed containing reference to my various books in which I showed how to work against different troubles, and that people were writing out and making copies in print and in manuscript of the treatments that I had given in my different works, and adding to these their own methods of treatment, which were sometimes right, sometimes wrong.

As this was spreading and I had many requests for a book containing the way to treat against the many varieties of troubles to which the human race is heir, I took this as a sign

THE VALUE OF SHOWING HOW TO TREAT

that the great and final fight between good and evil, the mental battle of Armageddon, was just about to start, and that to reproduce the treatments in the form of a book for public use would be helpful, so as to make certain that the treatments conveyed what I thought was the best method of working. To the more educated people these treatments will not be formulas—that is to say, they will readily put an adequate meaning to the words. At the same time, I do not advise copying from this and going through what one has copied when one treats. On the contrary, read over what has been written as often as you like, but in the actual treatment rely upon the words which come to your mind. These will be the ones which are best suited to you. Rely upon God and not upon Rawson. Remember that it is not the words that you use, or even the concept that you form, that is of value. It is the degree to which you can get entirely away from the material world, and, so to speak, lose yourself in the realisation of God and God's perfect world, the world of reality, heaven.

THE MENTAL BATTLE OF ARMAGEDDON (see Note page 32)

A number of years ago I said that the battle of Armageddon, prophesied by Jesus in the following words, "*For nation shall rise against nation, and kingdom against kingdom*" (Matt. 24 : 7), was going to be between England and Germany. I ought to have said the English speaking races and Germany, as the word used in the Bible is "*Israel*," which includes Great Britain and America, as it means the lost ten tribes. The commentators, who were not on a spiritual basis, that is to say, still believed in the reality of matter, said the battle of Armageddon was going to be between Russia and England. Now they say that the Great War was not the battle of Armageddon, but that a far worse war is about to take place between Great Britain and America on the one hand, and all the continental nations on the other, headed by Russia. They fail to see that the battle they say is about to take place, but which has already started, is the *mental* battle of Armageddon. This final war is to be between Great Britain and America, on the one hand, and Russia and the other nations, on the other hand, in the

THE VALUE OF SHOWING HOW TO TREAT

form of the thoughts of evil, attacking especially the continental nations, and they intensifying these thoughts, making it very difficult for such thoughts to be destroyed. This Paul referred to when he said, "*We wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.*" It was of this fight he spoke when he said, "*Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. Praying always with all prayer and supplication in the Spirit*" (Eph. 6 : 12, 13, 18).

The same state of affairs in the mental battle has taken place as took place in the material battle in 1914. There is no time to thoroughly teach the workers, those fighting against evil, the use of what Paul in the description of the fight above mentioned calls "*the sword of the Spirit, which is the word of God*" (Eph. 6 : 17). This is the denial of the existence of evil in heaven, and the affirmation of the existence of good, the opposite to the evil thoughts, as set out on page 33 under the words "WATCH AND PRAY." These workers are described in the Bible as "*the servants of our God*" (Rev. 7 : 3), "*redeemed from the earth*" (Rev. 14 : 3), and in numerous places "*the elect.*" Whilst, as in the case of the material battle, some, by merely taking the words herein shown and reading them, may not obtain as much value from them as if they had gradually thought them out for themselves, there will be many thousands who will be able to work against the troubles in a way that they could not possibly have done unless they had had shown to them the way of working against the particular troubles as herein set out. The best method is not to read from this book when giving a treatment, that is to say when actively thinking of God and of heaven, but to read over the example given, relying upon the action of God to bring the words to you which best enable you, when treating, to get right away from all thoughts of the material troubles against which you are working.