

05 Treatment 02 – Affirming Creation + Self

In this footstep you relate man to God. [read this whole section as relating yourself to God.] Relate man to each of the synonyms. Man expresses Life, being. Man exists as a complete and perfect idea of God. Perfection is natural to his being. Since man is the effect of the one divine Cause, nothing can sever his relationship with his divine Father Mother God. His origin being indestructible, man is indestructible. Man is never outside of divine Life. He expresses Life, and possesses every good thing. Man is deathless, eternal. His real being is held intact forever in the one Life. Only what God is doing for man ever comes into his experience. As God's reflection, he expresses health, vitality, activity. His oneness with God protects him from all that is unlike God.

Man knows Truth as reality. Truth is the intelligence of man. Man reflects divine Science, and Truth alone is real to him. Man thinks in Truth effortlessly, for it is the whole of his being. He knows the Truth, and he knows that he knows it. Truth, or Science, is practical or rational to him, and there is nothing beyond it, and so he is beyond the reach of all ungodly thoughts. With a consciousness filled with Truth, nothing unlike Truth can enter his being.

In the realm of Love man is the beloved. He is secure in divine Love. As God's idea, he is as safe as God Himself. Nothing can cloud over his sense of oneness, or unity, with the divine Principle, Love. As the child of God, man expresses the qualities of Love – affection, kindness, tenderness, gentleness, patience, compassion, forgiveness, humility, and gratitude. These qualities enable man to reflect the power of Love. In the whole of man's being there is not one harmful element. He is immune to all negative influence because he knows and expresses only the purity of divine Love. Man dwells in the eternal Mind. As the reflection of Mind man does not believe, he knows. Mind knows all things, and man's reflection of this knowing is perfect, complete. Being one with Mind, man receives only the mental impressions of God, and no other Mind can reach him. He is the work of God, obedient to Mind alone. In humility he discerns and reflects the spiritual ideas that unfold as his very being. These ideas are manifested as intelligence, wisdom and understanding. They are used by man is all that he thinks, and says, and does.

The substance of man's existence is Spirit, the only cause and creator. Spiritual existence is good, healthy, holy. Man understands the nature of the spiritual dimension. He knows he is never outside of its divine atmosphere. Man lives in spiritual substance, for spiritual qualities and ideas are the substance of his being. His senses can discern only the spiritual nature of all things, for he lives in Spirit.

Man expresses Soul. Man's ego or identity is wholly spiritual. His true individuality is "hid with Christ in God." Divine ideas unfold and maintain his perfection, thus shutting out any other mental influence. His ego is creative, loving, gracious, inspired, beautiful, Godlike, poised in the realm of Love. He is the expression of the pure and sinless qualities of Soul, and lives in the uncontaminated realm of Mind. He is complete in Soul.

The laws of Principle govern man. These laws give unity and plan to his life. He reflects the law of Love, the law of Life, the law of intelligence, the law of abundance. God creates a universe that blesses man and he lives in a totally benign environment, both mental and physical. His life unfolds according to the laws of Principle. Obedient to these laws, man is blessed with dominion over all the earth.

When you have related man to the synonyms identify these prayerful affirmations by declaring, "I am that man.!" It is essential that you realize that you really are spiritual man – made in God's likeness. The purpose of this work is to understand that, here and now, these affirmations are true about you. Not only is God, Mind, present, maintaining the spiritual universe and man, but you are spiritual man living in the spiritual universe. Your work is meant to bring to light the one Mind and your oneness with it.

This part of the treatment, and the one before, are the affirmative part of treatment. You are trying to realize the Truth, and so replace the material view with the spiritual. The statements in this portion of the work should be positive declarations of Truth. It does require practice to discipline yourself to think in spiritual realities alone; but if you persist in this work it becomes easier to think in the true view than in the false one.