

01 Curriculum Outline – Debbie Klingbeil

I am going to start tonight by sending you the first of a series of 20 emails - there will be more than that actually because I will be sending your emails with answers to any questions in between. How long it will take to send all the emails I do not know. The emails in the series of 20 I will number so that you know where we are and what is still to come.

This email is number one and contains the curriculum to give you some idea of what to expect and in what order. What I will be doing is teaching you treatment and also answering your original questions.

There are four basic steps to a treatment - 1. Affirm God, 2. Affirm creation (in your case affirm good things about yourself because it is self treatment), 3. denials and affirmations specific to the case, and 4. affirming the oneness of God and creation (yourself and the holy.) To these four steps most CSers add what we call a watch prayer before and after.

I realize this is total Greek to you but that is OK it will all be explained. So here is how I see the emails coming.

Email # 1, the curriculum (this email)

email #2 introduction and preparing to give a treatment. In this email too I will answer your question, "With reference to the last and one of your email thoughts that a small prayer of sincere gratitude can do more than a large, heavy duty prayer. Would the sincere gratitude be directed to God, the Holy Spirit? Or would the actual prayer of gratitude be with the subject or case held in mind, or both?"

#3 watch prayers generally, what they are, some examples.

A forward watch prayer for a treatment, what it is designed to do, an actual example.

#4 Affirming the holy - a description and example

#5 Affirming creation/self. A description and an example.

emails #6,7,8 affirmations and denials. In this section I will also be answering some of your questions on dm's. Will of course be explaining what these affirmations and denials are and giving examples.

#9 affirming the oneness of the holy and creation /self. Description and example.

#10 Concluding watch prayer, description and example

#11 a complete self treatment written out (longer than you really give in one sitting but I want to cover all the bases in detail as an example.)

#12 a necessarily long written out treatment and description of praying for someone else (actual case) that involves both nursing and treatment. This will begin to answer your questions about nurses. Mostly however it will answer in what I am afraid will be exhaustive detail, this question that you asked. "I'm still trying to properly conceptualize the idea of praying for a case rather than, say, an individual. Could you give some real world examples you know of or from your own work. I would like to get some idea of the mental vision[s] used; perhaps the sequence of mind forms that may have been used to circumvent any DM issues. "

#13 more on your questions about Spindrift nurses and the healing work they do. As a reminder here were your questions.

"I found you descriptions of how a CS Nurse prays to heal an environment most evocative. How does one pray to heal an environment? I should probably know

this answer by now but it still has an aura of mystery to it. Your words/advice are really good ones. Until the few emails we have exchanged I little real idea of qualitative prayer. Or, rather, some of the nuts and bolts of proper prayer such as 'pray for a case, not the individual' and 'deflate the energy of the DMs.

In the same vein. How does a Nurse counter the DM's that are attaching themselves to another Healer? This with reference to your discussion on the relative responsibilities of a Nurse and Spiritual Healer? Do you sense the DMs at work or the other Healer describes difficulties she may be having. In my own small way, since you first gave me that great insight that DMs feed on emotion, I have defused them by a kind of mental finger that reaches out and touches the emotion that may be feeding them. With the touch the emotion is drained down and away. This seems to work for me. There may be better or other ways; any you might care to offer would be appreciated.

How do you as a Nurse clean up after a spiritual healing? Is it all mental or mental plus words, or just words spoken out?"

#14 teamwork and group prayer, also the answer to this question that you asked:

How does one work in a team situation and not interfere or clash with the others?

#15 tips on treatment, also some things I have learned from the Spindrif Papers that can be applied to healing (am going to do a regular series on that in the new publication)

#16 a few extra notes on dm's

#17-19 variations on the treatment with illustrations

#20 helpful quotes from the Bible, Mrs. Eddy and others.

OK? Did I leave anything out? Deb.