

ADMONITION

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1 The neophyte in Christian Science acts like a diseased
physique, — being too fast or too slow. He is in-
3 clined to do either too much or too little. In healing and
teaching the student has not yet achieved the entire wis-
dom of Mind-practice. The textual explanation of this
6 practice is complete in Science and Health; and scientific
practice makes perfect, for it is governed by its Principle,
and not by human opinions; but carnal and sinister
9 motives, entering into this practice, will prevent the
demonstration of Christian Science.

I recommend students not to read so-called scientific
12 works, antagonistic to Christian Science, which advocate
materialistic systems; because such works and words be-
cloud the right sense of metaphysical Science.

15 The rules of Mind-healing are wholly Christlike and
spiritual. Therefore the adoption of a worldly policy or a
resort to subterfuge in the statement of the Science of
18 Mind-healing, or any name given to it other than Christian
Science, or an attempt to demonstrate the facts of this
Science other than is stated in Science and Health — is a
21 departure from the Science of Mind-healing. To becloud
mortals, or for yourself to hide from God, is to conspire
against the blessings otherwise conferred, against your
24 own success and final happiness, against the progress of

1 the human race as well as against *honest* metaphysical
theory and practice.

3 Not by the hearing of the ear is spiritual truth learned
and loved; nor cometh this apprehension from the ex-
periences of others. We glean spiritual harvests from our
6 own material losses. In this consuming heat false images
are effaced from the canvas of mortal mind; and thus does
the material pigment beneath fade into invisibility.

9 The signs for the wayfarer in divine Science lie in meek-
ness, in unselfish motives and acts, in shuffling off scholastic
rhetoric, in ridding the thought of effete doctrines, in the
12 purification of the affections and desires.

Dishonesty, envy, and mad ambition are "lusts of the
flesh," which uproot the germs of growth in Science and
15 leave the inscrutable problem of being unsolved. Through
the channels of material sense, of worldly policy, pomp,
and pride, cometh no success in Truth. If beset with mis-
18 guided emotions, we shall be stranded on the quicksands
of worldly commotion, and practically come short of the
wisdom requisite for teaching and demonstrating the
21 victory over self and sin.

Be temperate in thought, word, and deed. Meekness
and temperance are the jewels of Love, set in wisdom.
24 Restrain untempered zeal. "Learn to labor and to wait."
Of old the children of Israel were saved by patient waiting.

"The kingdom of heaven suffereth violence, and the
27 violent take it by force!" said Jesus. Therefore are
its spiritual gates not captured, nor its golden streets
invaded.

30 We recognize this kingdom, the reign of harmony

1 within us, by an unselfish affection or love, for this is the
pledge of divine good and the insignia of heaven. This
3 also is proverbial, that though eternal justice be graciously
gentle, yet it may seem severe.

6 For whom the Lord loveth He chasteneth,
And scourgeth every son whom He receiveth.

As the poets in different languages have expressed it: —

9 Though the mills of God grind slowly,
Yet they grind exceeding small;
Though with patience He stands waiting,
With exactness grinds He all.

12 Though the divine rebuke is effectual to the pulling
down of sin's strongholds, it may stir the human heart to
resist Truth, before this heart becomes obediently recep-
15 tive of the heavenly discipline. If the Christian Scientist
recognize the mingled sternness and gentleness which
permeate justice and Love, he will not scorn the timely re-
18 proof, but will so absorb it that this warning will be within
him a spring, welling up into unceasing spiritual rise and
progress. Patience and obedience win the golden scholar-
21 ship of experimental tuition.

The kindly shepherd of the East carries his lambs in his
arms to the sheepcot, but the older sheep pass into the fold
24 under his compelling rod. He who sees the door and turns
away from it, is guilty, while innocence strayeth yearningly.

27 There are no greater miracles known to earth than per-
fection and an unbroken friendship. We love our friends,
but oftentimes we lose them in proportion to our affection.
The sacrifices made for others are not infrequently met by

1 envy, ingratitude, and enmity, which smite the heart and
threaten to paralyze its beneficence. The unavailing tear
3 is shed both for the living and the dead.

Nothing except sin, in the students themselves, can
separate them from me. Therefore we should guard
6 thought and action, keeping them in accord with Christ,
and our friendship will surely continue.

The letter of the law of God, separated from its spirit,
9 tends to demoralize mortals, and must be corrected by a
diviner sense of liberty and light. The spirit of Truth ex-
tinguishes false thinking, feeling, and acting; and falsity
12 must thus decay, ere spiritual sense, affectional conscious-
ness, and genuine goodness become so apparent as to be
well understood.

15 After the supreme advent of Truth in the heart, there
comes an overwhelming sense of error's vacuity, of the
blunders which arise from wrong apprehension. The en-
18 lightened heart loathes error, and casts it aside; or else
that heart is consciously untrue to the light, faithless to
itself and to others, and so sinks into deeper darkness.
21 Said Jesus: "If the light that is in thee be darkness, how
great is that darkness!" and Shakespeare puts this pious
counsel into a father's mouth: —

24 This above all: To thine own self be true;
And it must follow, as the night the day,
Thou canst not then be false to any man.

27 A realization of the shifting scenes of human happiness,
and of the frailty of mortal anticipations, — such as first
led me to the feet of Christian Science, — seems to be requi-
30 site at every stage of advancement. Though our first les-

1 sons are changed, modified, broadened, yet their core is
constantly renewed; as the law of the chord remains
3 unchanged, whether we are dealing with a simple Latour
exercise or with the vast Wagner Trilogy.

A general rule is, that my students should not allow their
6 movements to be controlled by other students, even if they
are teachers and practitioners of the same blessed faith.
The exception to this rule should be very rare.

9 The widest power and strongest growth have always
been attained by those loyal students who rest on divine
Principle for guidance, not on themselves; and who locate
12 permanently in one section, and adhere to the orderly
methods herein delineated.

At this period my students should locate in large cities,
15 in order to do the greatest good to the greatest number, and
therein abide. The population of our principal cities is
ample to supply many practitioners, teachers, and preachers
18 with work. This fact interferes in no way with the pros-
perity of each worker; rather does it represent an accumu-
lation of power on his side which promotes the ease and
21 welfare of the workers. Their liberated capacities of mind
enable Christian Scientists to consummate much good or
else evil; therefore their examples either excel or fall short
24 of other religionists; and they must be found dwelling
together in harmony, if even they compete with ecclesias-
tical fellowship and friendship.

27 It is often asked which revision of Science and Health is
the best. The arrangement of my last revision, in 1890,
makes the subject-matter clearer than any previous edition,
30 and it is therefore better adapted to spiritualize thought

1 and elucidate scientific healing and teaching. It has
already been proven that this volume is accomplishing the
3 divine purpose to a remarkable degree. The wise Christian
Scientist will commend students and patients to the
teachings of this book, and the healing efficacy thereof,
6 rather than try to centre their interest on himself.

Students whom I have taught are seldom benefited by
the teachings of other students, for scientific foundations
9 are already laid in their minds which ought not to be tam-
pered with. Also, they are prepared to receive the infinite
instructions afforded by the Bible and my books, which
12 mislead no one and are their best guides.

The student may mistake in his conception of Truth, and
this error, in an honest heart, is sure to be corrected. But
15 if he misinterprets the text to his pupils, and communicates,
even unintentionally, his misconception of Truth, there-
after he will find it more difficult to rekindle his own light
18 or to enlighten them. Hence, as a rule, the student should
explain only Recapitulation, the chapter for the class-room,
and leave Science and Health to God's daily interpretation.

21 Christian Scientists should take their textbook into the
schoolroom the same as other teachers; they should ask
questions from it, and be answered according to it, — occa-
24 sionally reading aloud from the book to corroborate what
they teach. It is also highly important that their pupils
study each lesson before the recitation.

27 That these essential points are ever omitted, is anoma-
lous, when we consider the necessity of thoroughly under-
standing Science, and the present liability of deviating
30 from absolute Christian Science.

1 Centuries will intervene before the statement of the inex-
3 haustible topics of Science and Health is sufficiently under-
stood to be fully demonstrated.

The teacher himself should continue to study this text-
book, and to spiritualize his own thoughts and human life
6 from this open fount of Truth and Love.

He who sees clearly and enlightens other minds most
readily, keeps his own lamp trimmed and burning.

9 Throughout his entire explanations he strictly adheres to
the teachings in the chapter on Recapitulation. When
closing the class, each member should own a copy of
12 Science and Health, and continue to study and assimilate
this inexhaustible subject — Christian Science.

The opinions of men cannot be substituted for God's
15 revelation. In times past, arrogant pride, in attempting to
steady the ark of Truth, obscured even the power and
glory of the Scriptures, — to which Science and Health is
18 the Key.

That teacher does most for his students who divests him-
self most of pride and self, and by reason thereof is able to
21 empty his students' minds of error, that they may be filled
with Truth. Thus doing, posterity will call him blessed,
and the tired tongue of history be enriched.

24 The less the teacher personally controls other minds, and
the more he trusts them to the divine Truth and Love, the
better it will be for both teacher and student.

27 A teacher should take charge only of his own pupils and
patients, and of those who voluntarily place themselves
under his direction; he should avoid leaving his own regu-
30 lar institute or place of labor, or expending his labor where

1 there are other teachers who should be specially responsible
for doing their own work well.

3 Teachers of Christian Science will find it advisable to
band together their students into associations, to continue
the organization of churches, and at present they can
6 employ any other organic operative method that may
commend itself as useful to the Cause and beneficial to
mankind.

9 Of this also rest assured, that books and teaching are but
a ladder let down from the heaven of Truth and Love, upon
which angelic thoughts ascend and descend, bearing on
12 their pinions of light the Christ-spirit.

Guard yourselves against the subtly hidden suggestion
that the Son of man will be glorified, or humanity benefited,
15 by any deviation from the order prescribed by supernal
grace. Seek to occupy no position whereto you do not feel
that God ordains you. Never forsake your post without
18 due deliberation and light, but always wait for God's finger
to point the way. The loyal Christian Scientist is incapable
alike of abusing the practice of Mind-healing or of healing
21 on a material basis.

The tempter is vigilant, awaiting only an opportunity
to divide the ranks of Christian Science and scatter the
24 sheep abroad; but "if God be for us, who can be against
us?" The Cause, *our* Cause, is highly prosperous, rapidly
spreading over the globe; and the morrow will crown the
27 effort of to-day with a diadem of gems from the New
Jerusalem.