

VISION MARY BAKER EDDY

Extracts from a letter which Mrs. Eddy wrote to one of her students in Denver, Colorado, who then sent it to her student, Mrs. Martha Dawson in Boise, Idaho.

My dear,

You took off your glasses and held on to your faith in them instead of holding on to your glasses and losing your faith in them. The veil that seems to be in front of your eyes is back of them. The veil is the physical senses. They cause you to worry, etc. The condition of your body only expresses a mental condition.

Eyes- Can you adjust (focus) yourself to everything that comes your way? It is the Mind or Spirit, that sees, and your eyes are only the instrument with which you see. When you are trying to do something that you do not understand you say, "I see it now." That is the sight or insight that sees. Seeing is understanding, and if you could see why you do not see, you could see, for the body is renewed by the renewing of the mind. You should be as unconscious of your eyes when looking at anything as you are of your tongue when talking, or your feet when dancing, and you can do that by realizing that God is your sight, and that God is the intelligence that you reflect and your eyes reflect the intelligence of God.

Do not think of me as treating your eyes to heal them directly, but as treating you to give you a clearer understanding of what God is and your relation to Him. When you see, understand, yourself as one of God's ideas instead of thinking of yourself as flesh and blood, you will not strain your eyes to see, for you will realize that it is your consciousness of God that is your real life and it is Mind that sees.

There is only one Mind but there seems to be two, one is the reflection of the other. The Divine Mind is the one, and the other is only the human sense of the Divine. One may call them the Mind of the Spirit and the mind of the flesh. The objective and the subjective, and the conscious and the subconscious, the one that knows and the one that thinks. When you gain an understanding of the Principle of sight and think of your eyes (without fear, doubt or anxiety) as improving or being perfect, that thought sinks into your

inner consciousness and becomes part of your real self, and you do not think it, you KNOW IT, - for "As a man thinketh in his heart, so is he."

The original ideas that come to you through the Spirit or consciousness, you know before you think, and the ideas you get from others, or through the senses, you must think before you can know. We can think or believe a lie, but we can never know it, because it is unknowable, as a child can think that two and two make five but it cannot know it because two and two are four. We think in the senses and know in the Spirit. God does not think. He knows, and we receive all that we desire when we make ourselves ready to receive it in His way. It is getting a clearer insight into understanding of what God is that heals the defects that are manifested in the eyes, or any of your physical senses. It is not the sense of sight that needs to be healed. The sense of feeling affects all the other senses, and if you are sensitive about your appearance, what people think or say about you, about climate, hot or cold, what you eat, what you wear, where you work or what you receive for it, or any other thing that displeases you, if you let it stir you up, it will go to the most sensitive or weakest place on your body, for pain is only a frown expressed on the place where the trouble is, and the only remedy for it is to realize that there is one Mind, and that "all things work together for good for those who love God."

The senses tell us that we should be healed because we are so faithful in our reading and then we look for results, and that puts healing first and the Principle that heals second. Matter first and Mind second.

Love of the Truth makes Mind first in our affection and then health and other things we desire shall be added to us. We must get away from ourselves, absent from the body and present with the Lord. Make ourselves one with God, and then look upon our bodies as if they belong to another person.

When we see ourselves as God sees us we can then see our body as perfect as our concept of God.

Lovingly,
M.B.E.